

NORTH CAROLINA SWIMMING LSC RECORDS - SHORT COURSE YARDS

Women

as of: 5/12/2009

Men

10 & UNDER								
MARGARET BARDIN	NSAC	1999	26.50	50 FREE	25.96	10/11/08	MOR	TYLER SILVER
MEAGHAN RAAB	MAC	3/15/07	57.10	100 FREE	57.58	10/11/08	MOR	TYLER SILVER
MEAGHAN RAAB	MAC	3/15/07	2:05.90	200 FREE	2:03.14	1979	JMY	MELVIN STEWART
HANNAH CARON	NCAC	3/14/2002	5:37.47	500 FREE	5:31.73	11/17/00	HCAC	ERIC CARON
SARAH PROCTOR	NMA	1998	29.16	50 BACK	29.49	1999	GSA	ROBERT PADGETT
SARAH PROCTOR	NMA	1998	1:04.08	100 BACK	1:02.78	1999	GSA	ROBERT PADGETT
JULIE SMITH	RSA	2000	33.24	50 BREAST	33.85	1993	GCY	BRENT HALSCH
MEREDITH MILLER	TAR	1995	1:12.98	100 BREAST	1:14.07	2/19/09	YOTA	CHRISTIAN LAM
MEAGHAN RAAB	MAC	3/15/07	28.46	50 FLY	27.73	10/11/08	MOR	TYLER SILVER
MEAGHAN RAAB	MAC	3/15/07	1:02.53	100 FLY	1:03.72	1979	JMY	MELVIN STEWART
MEAGHAN RAAB	MAC	3/15/07	1:05.93	100 IM	1:05.49	10/11/08	MOR	TYLER SILVER
MEAGHAN RAAB	MAC	3/15/07	2:19.54	200 IM	2:20.47	2/19/09	YOTA	CHRISTIAN LAM
BAILEY CASTILLO, CELINA LI, MAIJA ROSES, CARLY SPEIGHT	THAT	2/23/06	1:52.46	200 FREE RELAY	1:51.06	10/11/08	MOR	TYLER SILVER, WILLIAM COUNTIE BROOKS VERONA, COLLIER COBB
MAIJA ROSES, CARLY SPEIGHT, CELINA LI, BAILEY CASTILLO	THAT	2/23/06	2:06.08	200 MEDLEY RELAY	2:06.61	1999	GSA	ROBERT PADGETT, M. O'HARE, EUGENE GODSOE, JEFFREY HAYES

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Women

as of: 5/12/2009

Men

11 - 12								
JULIE SMITH	RSA	3/14/2002	23.93	50 FREE	23.22	1990	GSA	CRAIG HERTZ
TERESA LONG	RSA	3/20/2003	52.72	100 FREE	50.09	1990	GSA	CRAIG HERTZ
LEEANN GATHINGS	MAC	1991	1:52.95	200 FREE	1:50.48	3/12/09	NCAC	KOYA OSADA
LEEANN GATHINGS	MAC	1991	4:55.63	500 FREE	4:54.23	2/19/09	NCAC	KOYA OSADA
GENEVIEVE MILLER	WSY	4/1/08	10:33.03	1000 FREE	10:11.99	3/12/09	NCAC	KOYA OSADA
GENEVIEVE MILLER	WSY	4/1/08	17:26.03	1650 FREE	16:57.33	3/16/06	TEAM	EVAN ASHCRAFT
KATHLEEN BAKER	STAR	3/12/09	27.93	50 BACK	26.47	3/13/04	SCS	RYAN MAHONEY
HANNAH CARON	THAT	3/14/04	58.87	100 BACK	54.29	2000	GSA	ROBERT PADGETT
HANNAH CARON	THAT	3/11/04	2:08.52	200 BACK	1:58.80	3/12/09	NCAC	KOYA OSADA
JILEN SIROKY	MAC	1994	30.24	50 BREAST	29.87	1995	GSA	BRENT HALSCH
JILEN SIROKY	MAC	1994	1:05.74	100 BREAST	1:04.56	2/21/2002	WSY	DANIEL BASLER
MAIJA ROSES	DUKE	12/5/08	2:24.51	200 BREAST	2:18.95	3/14/2002	WSY	DANIEL BASLER
HANNAH CARON	THAT	3/12/04	26.28	50 FLY	24.26	1/2/96	GSA	MATTHEW ZIMMERMAN
HANNAH CARON	THAT	2/20/04	58.45	100 FLY	55.29	1/2/96	GSA	MATTHEW ZIMMERMAN
HANNAH CARON	THAT	3/11/04	2:06.99	200 FLY	2:01.42	12/7/07	YSST	SAVA TURCANU
MAIJA ROSES	DUKE	12/12/08	1:00.00	100 IM	57.71	12/7/07	WOW	TRAVIS JOHNS
HANNAH CARON	THAT	3/14/04	2:08.00	200 IM	2:02.11	2000	GSA	ROBERT PADGETT
LONDON SCHUMACHER	SMAC	3/17/09	4:30.67	400 IM	4:20.48	3/16/06	TEAM	EVAN ASHCRAFT
BRITTANY COPELAND, BLAIR CROSS, TERESA LONG, JULIE SMITH	RSA	3/14/2002	1:40.18	200 FREE RELAY	1:37.98	1990	GSA	CHRISTOPHER RENDALL, B. SPAULDING JOHN RENDALL, CRAIG HERTZ
BRENNAN YETT, KATI MORRIS, EMILY CONWAY, AVIRY REICH	MAC	2/26/05	3:44.40	400 FREE RELAY	3:42.76	2/23/08	MAC	ANDREW BOTELHO, ANDREW PETRY, LANE BRETSCHNEIDER, JACK MANCHESTER
JULIE SMITH, BRITTANY COPELAND, BLAIR CROSS, TERESA LONG	RSA	3/14/2002	1:53.30	200 MEDLEY RELAY	1:51.24	1990	GSA	CHRISTOPHER RENDALL, B. SPAULDING JOHN RENDALL, CRAIG HERTZ
VANESSA EVERETT, JILEN SIROKY, ASHLEY MOODY, KRISTI MOORE	MAC	1994	4:11.94	400 MEDLEY RELAY	4:09.31	2/22/08	MAC	LANE BRETSCHNEIDER, ANDREW PETRY, JACK MANCHESTER, ANDREW BOTELHO

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Women	as of: 5/12/2009							Men
	13 - 14							
JULIE SMITH	RSA	2/23/2004	22.95	50 FREE	21.74	2/21/08	YOTA	DOMINICK GLAVICH
JULIE SMITH	RSA	2/23/2004	50.10	100 FREE	47.50	12/6/02	GSA	ROBERT PADGETT
					47.50	2/21/08	YOTA	DOMINICK GLAVICH
LEANN GATHINGS	MAC	1993	1:49.68	200 FREE	1:42.15	2/21/08	YOTA	DOMINICK GLAVICH
ELLEN GRIGG	NSS	3/15/04	4:50.66	500 FREE	4:33.76	3/13/03	MAC	RICKY BERENS
MEREDITH GREEN	NCAC	3/15/98	9:51.60	1000 FREE	9:23.92	3/13/03	MAC	RICKY BERENS
MEREDITH GREEN	NCAC	1998	16:28.55	1650 FREE	15:49.45	3/12/06	MAC	THOMAS SANTOLI
HENRIETTE STENKVIST	RSA	1/29/09	55.84	100 BACK	52.37	2/28/02	GSA	ROBERT PADGETT
HENRIETTE STENKVIST	RSA	1/16/09	1:57.36	200 BACK	1:53.44	3/20/2003	NCAC	JEFF JAMES
KATIE HATHAWAY	NSS	1994	1:03.34	100 BREAST	57.77	2/21/08	YOTA	DOMINICK GLAVICH
KATIE HATHAWAY	NSS	1994	2:15.98	200 BREAST	2:09.92	2/19/09	RSA	ANDREW HENRY
HANNAH CARON	THAT	3/2/06	55.51	100 FLY	49.41	3/13/03	MAC	RICKY BERENS
HANNAH CARON	THAT	3/16/06	2:01.12	200 FLY	1:48.24	3/13/03	MAC	RICKY BERENS
JULIE SMITH	RSA	3/26/04	2:02.31	200 IM	1:53.68	2/14/04	WAVE	GEOFFREY SANDERS
KIRSTEN SMITH	MOR	12/10/04	4:18.19	400 IM	4:03.05	3/12/04	WAVE	GEOFFREY SANDERS
JULIE SMITH, BRITTANY COPELAND, BLAIR CROSS, TERESA LONG	RSA	2/21/04	1:36.28	200 FREE RELAY	1:31.33	1991	GSA	CHRISTOPHER RENDALL, CRAIG HERTZ, C. CLARK, JASON WILEY
TERESA LONG, BLAIR CROSS, BRITTANY COPELAND, JULIE SMITH	RSA	2/21/04	3:27.83	400 FREE RELAY	3:16.86	3/16/06	RSA	ANDREW LAMB, MICHAEL WILLIAMS, MICHAEL D'ORTENZIO, RYAN MAHONEY
TERESA LONG, MICHELLE DETTLOFF SARAH HENRY, ELIZABETH FARMER	RSA	2/18/05	7:49.81	800 FREE RELAY	7:14.55	1992	GSA	JOHN RENDALL, ANDREW BYRNES, CHRISTOPHER RENDALL, CRAIG HERTZ
JULIE SMITH, BRITTANY COPELAND, BLAIR CROSS, TERESA LONG	RSA	2/21/04	1:48.96	200 MEDLEY RELAY	1:41.59	2/22/07	MAC	COLLIN HIGGINS, HARRISON GIBSON, KIP DARMODY, TIM BERENS
MICHELLE DETTLOFF, JULIE SMITH, BLAIR CROSS, TERESA LONG	RSA	2/20/04	3:54.78	400 MEDLEY RELAY	3:37.45	1992	GSA	ANDREW BYRNES, B. SPAULDING, CHRISTOPHER RENDALL, CRAIG HERTZ

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Women

as of: 5/12/2009

Men

15 - 16

TERESA LONG	YOTA	4/4/06	23.23	50 FREE	20.74	12/2/01	BULL	POSTON PRITCHETT
LAUREN PERDUE	GSC	2/29/08	49.85	100 FREE	45.21	2/20/2005	MAC	RICKY BERENS
SARAH HENRY	RSA	12/5/08	1:47.23	200 FREE	1:37.33r	3/10/05	MAC	RICKY BERENS
MEREDITH GREEN	NCAC	2/3/00	4:48.94	500 FREE	4:25.09	3/4/04	MAC	RICKY BERENS
MEREDITH GREEN	NCAC	2/3/00	9:46.02	1000 FREE	9:14.95	2/1/01	MAC	DANIEL SLOCKI
NICOLE O'DONNELL	MAC	3/4/04	16:20.56	1650 FREE	15:23.28	10/29/04	CCS	CHIP PETERSON
LAUREN SMART	TEAM	4/10/05	54.10	100 BACK	47.72	3/5/09	MAC	KIP DARMODY
HENRIETTE STENKVIST	RSA	3/5/09	1:57.28	200 BACK	1:44.82	3/5/09	MAC	KIP DARMODY
MELANIE ROBERTS	RSA	3/24/06	1:02.21	100 BREAST	56.39	12/5/08	YOTA	DOMINICK GLAVICH
SARAH HENRY	RSA	3/20/07	2:13.22	200 BREAST	2:03.47	1998	MAC	SEAN QUINN
CARI BLALOCK	WOW	3/5/09	53.79	100 FLY	48.01	2/18/2005	MAC	RICKY BERENS
GABI SHISHKOFF	MOR	3/5/2009	1:58.88	200 FLY	1:47.22	2/19/2005	MAC	RICKY BERENS
SARAH HENRY	RSA	12/5/08	2:00.54	200 IM	1:50.17	4/6/09	YOTA	DOMINICK GLAVICH
GABI SHISHKOFF	MOR	3/5/09	4:13.29	400 IM	3:54.87	3/5/09	MAC	KIP DARMODY

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Women

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Men

15 - 18								
LAUREN PERDUE	GSC	3/27/09	22.50	50 FREE	20.23	1996	MAC	AARON CIARLA
LAUREN PERDUE	GSC	1/29/09	49.10	100 FREE	44.36	3/23/04	RSA	MATT McGINNIS
SARAH HENRY	RSA	1/29/08	1:45.76	200 FREE	1:36.15	3/13/03	RSA	MATT McGINNIS
LAUREN PERDUE	GSC	1/29/08	1:45.76					
SARAH HENRY	RSA	1/29/09	4:40.63	500 FREE	4:23.57	2/18/2006	YOTA	CHARLIE HOUCHIN
SARAH HENRY	RSA	3/5/09	9:38.30	1000 FREE	9:02.69	2/16/2006	YOTA	CHARLIE HOUCHIN
SARAH HENRY	RSA	1/16/2009	16:04.89	1650 FREE	15:03.91	2/20/2005	CCS	CHIP PETERSON
LAUREN SMART	TEAM	4/10/05	54.10	100 BACK	47.72	3/5/09	MAC	KIP DARMODY
CARLY SMITH	NCAC	3/5/09	1:57.12	200 BACK	1:44.82	3/5/09	MAC	KIP DARMODY
MELANIE ROBERTS	RSA	3/20/07	1:01.30	100 BREAST	55.40	3/5/09	GSC	MATT HOUSER
SARAH HENRY	RSA	3/5/09	2:10.79	200 BREAST	1:58.68	3/27/09	GSC	MATT HOUSER
CARI BLALOCK	WOW	3/5/09	53.79	100 FLY	47.22	3/10/2006	MAC	RICKY BERENS
SARAH HENRY	RSA	1/29/09	1:57.35	200 FLY	1:45.60	3/11/2006	MAC	RICKY BERENS
SARAH HENRY	RSA	1/29/09	1:57.43	200 IM	1:47.06	3/5/09	GSC	MATT HOUSER
SARAH HENRY	RSA	3/5/09	4:07.79	400 IM	3:46.82	3/5/09	GSC	MATT HOUSER
18 AND UNDER								
TERESA LONG, STEFFI DREHSEL, MANDY MYERS, CANDACE COOPER	YOTA	4/7/06	1:33.26	200 FREE RELAY	1:23.62	4/7/06	YOTA	ERIC MCGINNIS, NICK SCHAUER, CHARLIE HOUCHIN, MATT DONCH
TERESA LONG, STEPHANIE GLOVER, KASSIA SHISHKOFF, JULIE SMITH	RSA	3/24/04	3:24.11	400 FREE RELAY	3:02.67	3/5/09	MAC	J.T. STILLEY, K. DARMODY, CORRELL, MACK MONTGOMERY
HENRIETTE STENKVISET, TORREY BUSSEY, SARAH HENRY, CLAIRE NOBLES	RSA	3/5/09	7:28.38	800 FREE RELAY	6:34.84	3/5/09	MAC	THOMAS SANTOLI, BEN CORRELL, STILLEY, MACK MONTGOMERY
CANDACE COOPER, PUCCI LISA, JESSALYN CRAWFORD, TERESA LONG	YOTA	4/4/06	1:43.96	200 MEDLEY RELAY	1:33.42	3/21/2005	RSA	NATHAN FARMER, JON ROBERTS, KYLE KLUBA, ERIC McGINNIS
HENRIETTE STENKVIST, TORREY BUSSEY, SARAH HENRY, KRISTYN REPKE	RSA	3/5/09	3:45.46	400 MEDLEY RELAY	3:20.85	3/12/06	MAC	DANIEL JOHNSON, JOSHUA CORRELL, RICHARD BERENS, CHARLES HIGGINS

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Women

Men

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LAUREN PERDUE	GSC	3/27/09	22.50	50 FREE	19.19	3/5/09	MAC	CULLEN JONES
LAUREN PERDUE	GSC	1/29/09	49.10	100 FREE	42.69	3/5/09	MAC	CULLEN JONES
MARGARET HOELZER	MAC	11/30/07	1:45.28	200 FREE	1:34.53	12/13/07	MAC	DOUG VAN WIE
SARAH HENRY	RSA	1/29/09	4:40.63	500 FREE	4:20.64	1978	SAM	DAN HARRIGAN
SARAH HENRY	RSA	3/5/09	9:38.30	1000 FREE	9:02.69	2/16/2006	YOTA	CHARLIE HOUCHIN
SARAH HENRY	RSA	1/16/2009	16:04.89	1650 FREE	15:03.91	2/20/2005	CCS	CHIP PETERSON
MARGARET HOELZER	MAC	11/29/07	52.30	100 BACK	45.66	11/29/07	MAC	DOUG VAN WIE
MARGARET HOELZER	MAC	11/29/07	1:51.68	200 BACK	1:41.06	5/20/08	MAC	DOUG VAN WIE
MELANIE ROBERTS	RSA	3/20/07	1:01.30	100 BREAST	52.13	12/5/08	MAC	MARK GANGLOFF
SARAH HENRY	RSA	3/5/09	2:10.79	200 BREAST	1:56.26	11/29/07	MAC	MARK GANGLOFF
MARGARET HOELZER	MAC	11/29/2007	52.20	100 FLY	47.22	3/10/2006	MAC	RICKY BERENS
SARAH HENRY	RSA	1/29/09	1:57.35	200 FLY	1:45.44	11/29/07	MAC	JEREMY KNOWLES
SARAH HENRY	RSA	1/29/09	1:57.43	200 IM	1:44.46	11/29/07	MAC	DOUG VAN WIE
SARAH HENRY	RSA	3/5/09	4:07.79	400 IM	3:46.82	3/5/09	GSC	MATT HOUSER
MARGARET HOELZER, JESS BROOKMAN, AMBER LEIKER, TERRA WILSON	MAC	12/1/2007	3:23.08	400 FREE RELAY	2:56.36	12/1/07	MAC	DOUG VAN WIE, TIM LIEBHOLD, CALEB COURAGE, MIKE SMIT
MARGARET HOELZER, AMBER LEIKER, TERRA WILSON, JESS BROOKMAN	MAC	11/30/2007	7:21.77	800 FREE RELAY	6:28.50	11/30/07	MAC	DOUG VAN WIE, MIKE SMIT, THOMAS SANTOLI, TIM LIEBHOLD
MARGARET HOELZER, HEATHER HOLTOM, JESS BROOKMAN, TERRA WILSON	MAC	11/29/07	3:41.53	400 MEDLEY RELAY	3:08.62	11/29/07	MAC	DOUG VAN WIE, MARK GANGLOFF, JEREMY KNOWLES, MIKE SMITH