

NORTH CAROLINA SWIMMING LSC RECORDS - LONG COURSE METERS

as of: 5/12/2009

| Women | | | | | | | | Men |
|--|------|-----------|---------|-----------------------------|---------|-----------|------|---|
| 10 & UNDER | | | | | | | | |
| SARAH PROCTOR | NMA | 1998 | 30.13 | 50 FREE | 29.44 | 7/20/2008 | MOR | TYLER SILVER |
| MOLLY KUENY | HPSC | 1976 | 1:06.33 | 100 FREE | 1:04.93 | 1988 | WSY | TODD DeSORBO |
| | | | | | 1:04.93 | 7/17/2008 | MOR | TYLER SILVER |
| MAIJA ROSES | THAT | 7/26/2006 | 2:22.59 | 200 FREE | 2:20.17 | 1988 | GSA | CRAIG HERTZ |
| CELINA LI | THAT | 6/16/2006 | 4:55.94 | 400 FREE | 4:54.16 | 5/18/2001 | NCAC | ERIC CARON |
| SARAH PROCTOR | NMA | 1998 | 33.90 | 50 BACK | 34.52 | 1998 | GSA | ROBERT PADGETT |
| ASHLEY CLAY | WSY | 1998 | 1:15.39 | 100 BACK | 1:12.82 | 1998 | GSA | ROBERT PADGETT |
| CHRISTI COX | HPSC | 1986 | 38.13 | 50 BREAST | 38.76 | 7/18/2002 | MAC | WALKER KNOP |
| CHRISTI COX | HPSC | 1986 | 1:22.28 | 100 BREAST | 1:23.48 | 7/23/1999 | RSA | BRYAN O'CONNOR |
| KELLY WEEKS | TAR | 1992 | 32.81 | 50 FLY | 31.56 | 6/13/2008 | MOR | TYLER SILVER |
| CARLY SMITH | NCAC | 7/18/2002 | 1:12.36 | 100 FLY | 1:11.53 | 7/17/2008 | MOR | TYLER SILVER |
| CELINA LI | THAT | 6/22/2006 | 2:39.18 | 200 IM | 2:36.19 | 7/24/1999 | RSA | BRYAN O'CONNOR |
| OLIVIA ONTJES, ALLISON GUPTON, HANNAH MOORE, AMELIA PRICE | WAVE | 7/25/2007 | 2:09.40 | 200 FREE RELAY | 2:07.32 | 7/20/2008 | MOR | TYLER SILVER, JUSTIN RESS, WILLIAM COUNTIE, COLLIER COBB |
| HANNAH CARON, LOUISE MAKOWSKI, CARLY SMITH, JENNA OSBORN | NCAC | 6/14/2002 | 2:25.55 | 200 MEDLEY RELAY | 2:23.02 | 7/19/2008 | MOR | WILLIAM COUNTIE, JUSTIN RESS, TYLER SILVER, COLLIER COBB |

NORTH CAROLINA SWIMMING LSC RECORDS - LONG COURSE METERS

as of: 5/12/2009

Women

Men

11 - 12

| | | | | | | | | |
|---|------|-----------|----------|-----------------------------|----------|-----------|------|--|
| JULIE SMITH | RSA | 7/25/2002 | 27.30 | 50 FREE | 26.08 | 2000 | GSA | ROBERT PADGETT |
| LEEANN GATHINGS | MAC | 1991 | 59.49 | 100 FREE | 56.77 | 2000 | GSA | ROBERT PADGETT |
| LEEANN GATHINGS | MAC | 1991 | 2:04.67 | 200 FREE | 2:04.13 | 2000 | GSA | ROBERT PADGETT |
| LEEANN GATHINGS | MAC | 1991 | 4:21.34 | 400 FREE | 4:26.82 | 1990 | GSA | CRAIG HERTZ |
| GENEVIEVE MILLER | WSY | 7/10/2008 | 9:42.99 | 800 FREE | 9:27.30 | 7/6/2007 | MAC | KYLE DARMODY |
| GENEVIEVE MILLER | WSY | 7/10/2008 | 18:13.34 | 1500 FREE | 18:01.76 | 7/9/2004 | MAC | THOMAS SANTOLI |
| SABRINA BENSON | YOTA | 8/1/2006 | 30.90 | 50 BACK | 30.38 | 7/29/2008 | GCY | ISAAC KLINGER |
| SABRINA BENSON | YOTA | 8/1/2006 | 1:07.22 | 100 BACK | 1:02.80 | 2000 | GSA | ROBERT PADGETT |
| KATHLEEN BAKER | STAR | 5/8/2009 | 2:28.96 | 200 BACK | 2:19.43 | 8/1/2000 | GSA | ROBERT PADGETT |
| JILEN SIROKY | MAC | 1994 | 33.84 | 50 BREAST | 34.35 | 7/18/2002 | WAVE | RYAN COX |
| JILEN SIROKY | MAC | 1994 | 1:14.06 | 100 BREAST | 1:15.04 | 6/28/2002 | WSY | DANIEL BASLER |
| KATHLEEN BAKER | STAR | 5/8/2009 | 2:47.51 | 200 BREAST | 2:39.53 | 6/28/2002 | WSY | DANIEL BASLER |
| HANNAH CARON | THAT | 6/19/2004 | 29.62 | 50 FLY | 28.61 | 1990 | GSA | CRAIG HERTZ |
| KELLY McLAUGHLIN | RAC | 1991 | 1:05.48 | 100 FLY | 1:02.39 | 1990 | GSA | CRAIG HERTZ |
| GENEVIEVE MILLER | WSY | 7/17/2008 | 2:30.30 | 200 FLY | 2:20.40 | 6/28/2002 | WSY | DANIEL BASLER |
| JILEN SIROKY | MAC | 1994 | 2:25.50 | 200 IM | 2:18.80 | 2000 | GSA | ROBERT PADGETT |
| KATHLEEN BAKER | STAR | 5/8/2009 | 5:12.67 | 400 IM | 4:58.44 | 6/28/2002 | WSY | DANIEL BASLER |
| TERESA LONG, BLAIR CROSS, ABBAY FREEMAN, JUILE SMITH | RSA | 7/20/2002 | 1:54.20 | 200 FREE RELAY | 1:54.96 | 1997 | MAC | CALAEN WILSON, WADE BACCICH, ROSS PENDLEY, KENAN HUNT |
| MARGARET CLIFFORD, ASHLEY MOODY, VANESSA EVERETT, JILEN SIROKY | MAC | 1994 | 4:14.99 | 400 FREE RELAY | 4:14.08 | 1990 | GSA | C. McNEIL, CRAIG HERTZ, CHRISTOPHER RENDALL, JOHN RENDALL |
| VANESSA EVERETT, JILEN SIROKY, MARGARET CLIFFORD, ASHLEY MOODY | MAC | 1994 | 2:10.39 | 200 MEDLEY RELAY | 2:10.15 | 1990 | GSA | C. McNEIL, CRAIG HERTZ, CHRISTOPHER RENDALL, JOHN RENDALL |
| VANESSA EVERETT, JILEN SIROKY, MARGARET CLIFFORD, ASHLEY MOODY | MAC | 1994 | 4:41.66 | 400 MEDLEY RELAY | 4:43.55 | 7/26/2006 | MAC | C. HIGGINS, J. CHAVEZ, A. SNYDER, K. DARMODY |

NORTH CAROLINA SWIMMING LSC RECORDS - LONG COURSE METERS

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Women

Men

13 - 14

| | | | | | | | | |
|---|------|-----------|----------|-----------------------------|----------|-------------------|-------------|--|
| JULIE SMITH | RSA | 8/5/2003 | 26.33 | 50 FREE | 24.82 | 7/30/2002 | GSA | ROBERT PADGETT |
| TERESA LONG | UN | 7/17/2005 | 58.15 | 100 FREE | 53.77 | 7/30/2002 | GSA | ROBERT PADGETT |
| LEEANN GATHINGS | MAC | 1992 | 2:04.98 | 200 FREE | 1:57.00 | 7/13/2006 | MAC | THOMAS SANTOLI |
| MEREDITH GREEN | NCAC | 1998 | 4:16.09 | 400 FREE | 4:09.63 | 7/30/2002 | MAC | RICHARD BERENS |
| MEREDITH GREEN | NCAC | 1998 | 8:44.08 | 800 FREE | 8:36.40 | 7/13/2006 | MAC | THOMAS SANTOLI |
| MEREDITH GREEN | NCAC | 1998 | 16:39.64 | 1500 FREE | 16:25.90 | 7/25/2002 | CCS | CHIP PETERSON |
| LAUREN SMART | TEAM | 6/12/2004 | 1:04.08 | 100 BACK | 59.64 | 7/30/2002 | GSA | ROBERT PADGETT |
| ELIZABETH HETHERINGTON | NCAC | 4/1/1998 | 2:17.25 | 200 BACK | 2:09.10 | 7/30/2002 | GSA | ROBERT PADGETT |
| JILEN SIROKY | MAC | 1996 | 1:10.75 | 100 BREAST | 1:08.54 | 1992 7/31/2007 | GSA YOTA | BRIAN SPAULDING DOMINICK GLAVICH |
| JILEN SIROKY | MAC | 1996 | 2:28.23 | 200 BREAST | 2:28.63 | 6/6/2008 | ASC | BILL YOUNG |
| HANNAH CARON | THAT | 3/28/06 | 1:02.03 | 100 FLY | 57.55 | 7/30/2002 | GSA | ROBERT PADGETT |
| HANNAH CARON | THAT | 3/28/06 | 2:18.58 | 200 FLY | 2:07.99 | 7/12/2007 | YOTA | DOMINICK GLAVICH |
| JILEN SIROKY | MAC | 1996 | 2:20.56 | 200 IM | 2:10.28 | 7/30/2002 | GSA | ROBERT PADGETT |
| MEREDITH GREEN | NCAC | 7/26/1997 | 4:52.87 | 400 IM | 4:42.34 | 7/30/2003 | WAVE | GEOFFREY SANDERS |
| JESSIE GODLEWSKI, M.J. DENSMORE, LINDSEY GIGLIO, HENRIETTE STENKVIST | RSA | 6/14/2008 | 1:53.98 | 200 FREE RELAY | 1:47.57 | 1991 | GSA | C. CLARK, CHRISTOPHER RENDALL, JOHN RENDALL, CRAIG HERTZ |
| TERESA LONG, MICHELLE DETTLOFF, BLAIR CROSS, JULIE SMITH | RSA | 7/31/2004 | 3:59.22 | 400 FREE RELAY | 3:51.61 | 7/25/2007 | YOTA | KEVIN ROGERS, DOMINICK GLAVICH, JOE BONK, OLLIE CLAYTON-LUCE |
| BLAIR CROSS, JULIE SMITH, MICHELLE DETTLOFF, TERESA LONG | RSA | 7/29/2004 | 8:52.87 | 800 FREE RELAY | 8:21.85 | 7/19/2002 | MAC | RICKY BERENS, DAVID TOFFALETTI, ALEXANDER MARTIN, TREY HOOVER |
| MELISSA COX, JILEN SIROKY, MARGARET CLIFFORD, CARA LANE | MAC | 1995 | 2:05.41 | 200 MEDLEY RELAY | 1:59.40 | 1994 | MAC | BRIAN SCANNELL, BRADLEY KLINE, SHAUN HILL, ANDREW GROSS |
| JULIE SMITH, HANNAH FACCHINE, BLAIR CROSS, TERESA LONG | RSA | 7/28/2004 | 4:32.21 | 400 MEDLEY RELAY | 4:10.70 | 1992 | GSA | C. McNEIL, BRIAN SPAULDING, CRAIG HERTZ, CHRISTOPHER RENDALL |

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Women

Men

15 - 16

| | | | | | | | | |
|------------------------|------|-----------|----------|-------------------|----------|-----------|------|--------------------|
| LAUREN PERDUE | GSC | 5/16/2008 | 26.15 | 50 FREE | 23.77 | 7/22/2004 | MAC | RICKY BERENS |
| LAUREN PERDUE | GSC | 1/4/2008 | 56.36 | 100 FREE | 52.32 | 8/5/2004 | MAC | RICKY BERENS |
| SARAH HENRY | RSA | 1/8/2009 | 2:01.67 | 200 FREE | 1:51.27 | 8/5/2004 | MAC | RICKY BERENS |
| MEREDITH GREEN | NCAC | 3/28/2000 | 4:18.12 | 400 FREE | 3:57.59 | 8/6/2004 | YOTA | CHARLIE HOUCHIN |
| MEREDITH GREEN | NCAC | 3/28/2000 | 8:44.78 | 800 FREE | 8:14.33 | 8/3/2004 | CCS | CHIP PETERSON |
| MEREDITH GREEN | NCAC | 3/28/2000 | 16:39.20 | 1500 FREE | 15:34.07 | 8/7/2004 | CCS | CHIP PETERSON |
| LAUREN SMART | TEAM | 4/2/2005 | 1:03.70 | 100 BACK | 58.47 | 3/19/2002 | RSA | MATT McGINNIS |
| ELIZABETH HETHERINGTON | CHY | 3/28/2000 | 2:16.39 | 200 BACK | 2:04.36 | 8/12/2002 | RSA | MATT McGINNIS |
| KATIE HATHAWAY | MAC | 8/12/1996 | 1:09.86 | 100 BREAST | 1:05.90 | 1991 | TAR | STEVE BONACK |
| SARAH HENRY | RSA | 6/29/2008 | 2:30.35 | 200 BREAST | 2:22.20 | 8/4/2008 | NCAC | LUKE HOFFER |
| HANNAH CARON | RSA | 6/29/08 | 1:01.42 | 100 FLY | 54.89 | 12/3/2004 | MAC | RICKY BERENS |
| AMBER LEIKER | MAC | 8/6/2007 | 2:15.26 | 200 FLY | 2:02.44 | 1985 | JMY | MELVIN STEWART |
| SARAH HENRY | RSA | 1/8/2009 | 2:16.62 | 200 IM | 2:07.68 | 1990 | MAC | DANNY OTT |
| SARAH HENRY | RSA | 1/8/2009 | 4:45.92 | 400 IM | 4:33.98 | 1996 | MAC | WOJTEK DYSZKIEWICZ |

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| Women | | | | | | | | | Men |
|-------------------|------|-----------|----------|-------------------|----------|-----------|------|--|------------------|
| 15 - 18 | | | | | | | | | |
| LAUREN PERDUE | GSC | 8/4/2008 | 26.10 | 50 FREE | 23.35 | 1990 | GSA | | CHRIS COMPTON |
| LAUREN PERDUE | GSC | 1/4/2008 | 56.36 | 100 FREE | 51.15 | 8/5/2003 | RSA | | MATT McGINNIS |
| LAUREN PERDUE | MAC | 8/4/2008 | 2:01.66 | 200 FREE | 1:50.92 | 7/15/2005 | MAC | | RICKY BERENS |
| ELLEN GRIGG | NSS | 7/29/2008 | 4:13.85 | 400 FREE | 3:52.89 | 8/1/2006 | YOTA | | CHARLIE HOUCHIN |
| MAGDA DYSZKIEWICZ | MAC | 7/13/2000 | 8:37.87 | 800 FREE | 8:05.07 | 8/3/2005 | UN | | CHIP PETERSON |
| MAGDA DYSZKIEWICZ | MAC | 7/13/2000 | 16:30.50 | 1500 FREE | 15:19.03 | 8/7/2005 | CCS | | CHIP PETERSON |
| LAUREN SMART | TEAM | 4/2/2005 | 1:03.70 | 100 BACK | 56.76 | 8/6/2005 | GSA | | EUGENE GODSOE |
| KIRSTEN SMITH | MOR | 6/29/2008 | 2:16.07 | 200 BACK | 2:02.82 | 7/11/2004 | RSA | | MATT McGINNIS |
| MELANIE ROBERTS | RSA | 8/21/2007 | 1:09.68 | 100 BREAST | 1:03.27 | 8/1/2006 | RSA | | JONATHAN ROBERTS |
| SARAH HENRY | RSA | 6/29/2008 | 2:30.35 | 200 BREAST | 2:17.49 | 8/6/1999 | MAC | | SEAN QUINN |
| HANNAH CARON | RSA | 6/29/2008 | 1:01.42 | 100 FLY | 53.29 | 8/6/2005 | MAC | | RICKY BERENS |
| CARA LANE | MAC | 8/6/1999 | 2:14.39 | 200 FLY | 1:58.05 | 1987 | MAC | | MELVIN STEWART |
| KIRSTEN SMITH | MOR | 6/29/2008 | 2:15.68 | 200 IM | 2:04.87 | 8/1/2006 | RSA | | JONATHAN ROBERTS |
| SARAH HENRY | RSA | 1/8/2009 | 4:45.92 | 400 IM | 4:27.25 | 8/14/2001 | ATOM | | DOUG VAN WIE |

18 AND UNDER RELAYS

| | | | | | | | | | |
|--|-----|-----------|---------|-----------------------------|---------|-----------|-----|--|--|
| JULIE SMITH, KASSIA SHISHKOFF, BRYTTANY CURRAN, MELANIE ROBERTS | RSA | 8/10/2005 | 1:49.89 | 200 FREE RELAY | 1:37.03 | 6/23/2005 | MAC | | RICKY BERENS, JIMMY DABNEY, DAVID TOFFALETTI, MATT PATTON |
| ILANA KAVADLO, JENNIFER GARDNER, KATIE HATHAWAY, CARA LANE | MAC | 8/12/1996 | 3:54.31 | 400 FREE RELAY | 3:30.36 | 7/15/2005 | MAC | | MATT PATTON, SEAN PATTON, JIMMY DABNEY, RICKY BERENS |
| JENNIFER GARDNER, KATIE HATHAWAY, ILANA KAVADLO, CARA LANE | MAC | 8/12/1996 | 8:25.80 | 800 FREE RELAY | 7:35.84 | 8/6/2004 | MAC | | MATT PATTON, SEAN PATTON, BRANDON SUDDRETH, RICKY BERENS |
| KIRSTEN SMITH, KIRSTEN ESPLIN, AVERY PITTMAN, ERIKA STEWART | MOR | 3/15/2008 | 2:02.35 | 200 MEDLEY RELAY | 1:46.78 | 6/23/2005 | MAC | | SEAN PATTON, CASEY BECKWITH, RICKY BERENS, MATT PATTON |
| HENRIETTE STENKVIST, TORREY BUSSEY, HANNAH CARON, SARAH HENRY | RSA | 3/22/2008 | 4:18.30 | 400 MEDLEY RELAY | 3:51.59 | 8/6/2007 | MAC | | CHARLES HIGGINS, CHANDLER THOMAS, CHARLES HETZEL, JARED WHITE |

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| Women | | | | | | | | | Men |
|---|------|-----------|----------|-----------------------------|----------|-----------|------|--|--|
| SENIORS | | | | | | | | | |
| MARITZA CORREIA | UN | 7/16/07 | 25.63 | 50 FREE | 21.59 | 6/29/08 | MAC | | CULLEN JONES |
| TERRA WILSON | MAC | 6/29/08 | 55.66 | 100 FREE | 48.35 | 6/29/08 | MAC | | CULLEN JONES |
| CARLY PIPER | MAC | 6/29/2008 | 2:00.70 | 200 FREE | 1:48.48 | 7/29/2008 | NSS | | SCOTT ROBISON |
| CARLY PIPER | MAC | 6/29/08 | 4:13.47 | 400 FREE | 3:52.74 | 7/31/2007 | NCAC | | CHIP PETERSON |
| MAGDA DYSZKIEWICZ | MAC | 7/13/00 | 8:37.87 | 800 FREE | 8:02.59 | 6/28/2007 | NCAC | | CHIP PETERSON |
| MAGDA DYSZKIEWICZ | MAC | 7/13/00 | 16:30.50 | 1500 FREE | 15:12.33 | 7/16/2007 | NCAC | | CHIP PETERSON |
| MARGARET HOELZER | MAC | 2/15/2008 | 1:01.55 | 100 BACK | 55.11 | 6/29/2008 | MAC | | DOUG VAN WIE |
| MARGARET HOELZER | MAC | 2/15/2008 | 2:10.76 | 200 BACK | 1:59.55 | 6/29/2008 | MAC | | DOUG VAN WIE |
| MELANIE ROBERTS | RSA | 8/21/2007 | 1:09.68 | 100 BREAST | 1:00.10 | 6/29/2008 | MAC | | MARK GANGLOFF |
| JILEN SIROKY | MAC | 3/9/1996 | 2:28.23 | 200 BREAST | 2:14.77 | 3/6/2008 | MAC | | MARK GANGLOFF |
| RICHELLE FOX | NCAC | 8/10/1997 | 59.52 | 100 FLY | 53.29 | 8/6/2005 | MAC | | RICKY BERENS |
| KAREN GUILKEY | DUKE | 6/29/2008 | 2:14.12 | 200 FLY | 1:57.94 | 1989 | MAC | | MELVIN STEWART |
| KIRSTEN SMITH | MOR | 6/29/08 | 2:15.68 | 200 IM | 2:00.06 | 6/29/2008 | MAC | | TIM LIEBHOLD |
| SARAH HENRY | RSA | 1/8/2009 | 4:45.92 | 400 IM | 4:27.25 | 8/16/2001 | ATOM | | DOUG VAN WIE |
| ELIZA BUTTS, KELSEY MORRISSY, MEGAN STEEVES, WHITNEY SPRAGUE | NCAC | 6/6/2008 | 3:52.53 | 400 FREE RELAY | 3:25.42 | 8/1/2007 | MAC | | CALEB COURAGE, MIKE SMIT, MARK GANGLOFF, PAUL PARMENTER |
| CHRISTY MILLER, MEREDITH GREEN KIM CAMPBELL, KARI HAAG | NCAC | 7/26/1997 | 8:21.17 | 800 FREE RELAY | 7:33.30 | 8/5/2005 | MAC | | RICKY BERENS, SEAN PATTON, STUART DUFF, MATTHEW PATTON |
| HEATHER STILES, CHRISTY MILLER, RICHELLE FOX, KARI HAAG | NCAC | 7/26/1997 | 4:15.75 | 400 MEDLEY RELAY | 3:47.56 | 6/7/2008 | MAC | | JARED WHITE, JEREMY KNOWLES, MIKE SMIT, CULLEN JONES |