

# NC Swimming Girls Unofficial Top 5 (5/4/2007)

LSC: NC For Dates 9/1/2006 - 8/31/2007

## Girls 10 & under 50 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>        | <i>Age</i> | <i>LSC / Club</i>           | <i>Meet Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|--------------------|------------|-----------------------------|------------------|--------------------------------|
| 1           | 26.52       | 863                 | Roses, Maija       | 10         | NC Tar Heel Aquatic Team    | 1/27/2007        | 2007 NC RSA January Jubilee    |
| 1           | 26.52       | 863                 | Raab, Meaghan      | 10         | NC Mecklenburg Aquatic Club | 3/15/2007        | 2007 NC SZ East Sect AG Ch     |
| 3           | 27.36       | 802                 | Ontjes, Olivia     | 10         | NC New Wave Swim Team       | 3/18/2007        | 2007 NC SZ East Sect AG Ch     |
| 4           | 27.91       | 764                 | Robertson, Sabrina | 10         | NC Star Aquatics            | 2/22/2007        | 2007 NC 14 & Under Age Group C |
| 5           | 28.20       | 743                 | Bauer, Shannon     | 10         | NC Mecklenburg Aquatic Club | 3/15/2007        | 2007 NC SZ East Sect AG Ch     |

## Girls 10 & under 100 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>        | <i>Age</i> | <i>LSC / Club</i>               | <i>Meet Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|--------------------|------------|---------------------------------|------------------|--------------------------------|
| 1           | 57.10       | 906                 | Raab, Meaghan      | 10         | NC Mecklenburg Aquatic Club     | 3/15/2007        | 2007 NC SZ East Sect AG Ch     |
| 2           | 57.99       | 873                 | Roses, Maija       | 10         | NC Tar Heel Aquatic Team        | 12/8/2006        | 2006 NC WAVE Fall States Invit |
| 3           | 59.97       | 799                 | Ontjes, Olivia     | 10         | NC New Wave Swim Team           | 3/15/2007        | 2007 NC SZ East Sect AG Ch     |
| 4           | 1:00.54     | 778                 | Schumacher, London | 10         | NC Smokey Mountain Aquatic Club | 3/15/2007        | 2007 NC SZ East Sect AG Ch     |
| 5           | 1:00.95     | 764                 | Merritt, Heather   | 10         | NC Mecklenburg Aquatic Club     | 1/13/2007        | 2007 NC LarsonAllen MAC Invite |

## Girls 10 & under 200 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>        | <i>Age</i> | <i>LSC / Club</i>               | <i>Meet Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|--------------------|------------|---------------------------------|------------------|--------------------------------|
| 1           | 2:05.90     | 879                 | Raab, Meaghan      | 10         | NC Mecklenburg Aquatic Club     | 3/15/2007        | 2007 NC SZ East Sect AG Ch     |
| 2           | 2:09.38     | 812                 | Roses, Maija       | 10         | NC Tar Heel Aquatic Team        | 12/8/2006        | 2006 NC WAVE Fall States Invit |
| 3           | 2:11.80     | 767                 | Schumacher, London | 10         | NC Smokey Mountain Aquatic Club | 2/22/2007        | 2007 NC 14 & Under Age Group C |
| 4           | 2:13.08     | 743                 | Ontjes, Olivia     | 10         | NC New Wave Swim Team           | 2/22/2007        | 2007 NC 14 & Under Age Group C |
| 5           | 2:13.40     | 738                 | Robertson, Sabrina | 10         | NC Star Aquatics                | 2/22/2007        | 2007 NC 14 & Under Age Group C |

## Girls 10 & under 500 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>       | <i>Age</i> | <i>LSC / Club</i>           | <i>Meet Date</i> | <i>Meet</i>                 |
|-------------|-------------|---------------------|-------------------|------------|-----------------------------|------------------|-----------------------------|
| 1           | 5:46.16     | 829                 | Roses, Maija      | 10         | NC Tar Heel Aquatic Team    | 1/27/2007        | 2007 NC RSA January Jubilee |
| 2           | 5:46.89     | 824                 | Raab, Meaghan     | 10         | NC Mecklenburg Aquatic Club | 3/15/2007        | 2007 NC SZ East Sect AG Ch  |
| 3           | 5:52.23     | 786                 | Greenberg, Lauren | 10         | NC Mecklenburg Aquatic Club | 12/1/2006        | 2006 GA Woodie B Malone Inv |

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**LSC: NC For Dates 9/1/2006 - 8/31/2007**

|   |         |     |               |    |    |                             |            |                             |
|---|---------|-----|---------------|----|----|-----------------------------|------------|-----------------------------|
| 4 | 5:57.40 | 749 | Moore, Hannah | 10 | NC | New Wave Swim Team          | 3/15/2007  | 2007 NC SZ East Sect AG Ch  |
| 5 | 6:01.51 | 721 | Emery, Nicole | 10 | NC | Aquatic Team Of Mecklenburg | 11/10/2006 | 2006 SC YSSC Tgiving Invite |

## Girls 10 & under 50 Backstroke Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>        | <i>Age</i> | <i>LSC / Club</i>               | <i>Meet Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|--------------------|------------|---------------------------------|------------------|--------------------------------|
| 1           | 31.58       | 803                 | Roses, Maija       | 10         | NC Tar Heel Aquatic Team        | 12/9/2006        | 2006 NC WAVE Fall States Invit |
| 2           | 32.34       | 752                 | Schumacher, London | 10         | NC Smokey Mountain Aquatic Club | 3/15/2007        | 2007 NC SZ East Sect AG Ch     |
| 3           | 32.80       | 721                 | Gupton, Allison    | 10         | NC New Wave Swim Team           | 3/17/2007        | 2007 NC SZ East Sect AG Ch     |
| 4           | 32.85       | 718                 | Moore, Hannah      | 10         | NC New Wave Swim Team           | 3/15/2007        | 2007 NC SZ East Sect AG Ch     |
| 5           | 32.93       | 713                 | Ontjes, Olivia     | 10         | NC New Wave Swim Team           | 3/15/2007        | 2007 NC SZ East Sect AG Ch     |

## Girls 10 & under 100 Backstroke Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>        | <i>Age</i> | <i>LSC / Club</i>               | <i>Meet Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|--------------------|------------|---------------------------------|------------------|--------------------------------|
| 1           | 1:07.69     | 810                 | Roses, Maija       | 10         | NC Tar Heel Aquatic Team        | 1/27/2007        | 2007 NC RSA January Jubilee    |
| 2           | 1:09.07     | 768                 | Schumacher, London | 10         | NC Smokey Mountain Aquatic Club | 3/15/2007        | 2007 NC SZ East Sect AG Ch     |
| 3           | 1:09.84     | 745                 | Moore, Hannah      | 10         | NC New Wave Swim Team           | 2/22/2007        | 2007 NC 14 & Under Age Group C |
| 4           | 1:09.92     | 743                 | Merritt, Heather   | 10         | NC Mecklenburg Aquatic Club     | 1/13/2007        | 2007 NC LarsonAllen MAC Invite |
| 5           | 1:11.17     | 706                 | Ontjes, Olivia     | 10         | NC New Wave Swim Team           | 3/15/2007        | 2007 NC SZ East Sect AG Ch     |

## Girls 10 & under 50 Breaststroke Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>        | <i>Age</i> | <i>LSC / Club</i>               | <i>Meet Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|--------------------|------------|---------------------------------|------------------|--------------------------------|
| 1           | 33.68       | 883                 | Raab, Meaghan      | 10         | NC Mecklenburg Aquatic Club     | 3/15/2007        | 2007 NC SZ East Sect AG Ch     |
| 2           | 35.01       | 811                 | Schumacher, London | 10         | NC Smokey Mountain Aquatic Club | 2/22/2007        | 2007 NC 14 & Under Age Group C |
| 3           | 35.89       | 926                 | Adams, Cassie      | 9          | NC Gaston Gators                | 2/22/2007        | 2007 NC 14 & Under Age Group C |
| 4           | 35.94       | 761                 | Steagall, Tori     | 10         | NC New Wave Swim Team           | 2/22/2007        | 2007 NC 14 & Under Age Group C |
| 5           | 36.46       | 734                 | Haenlein, Nadine   | 10         | NC Mecklenburg Aquatic Club     | 2/22/2007        | 2007 NC 14 & Under Age Group C |

## Girls 10 & under 100 Breaststroke Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>        | <i>Age</i> | <i>LSC / Club</i>               | <i>Meet Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|--------------------|------------|---------------------------------|------------------|--------------------------------|
| 1           | 1:14.51     | 859                 | Schumacher, London | 10         | NC Smokey Mountain Aquatic Club | 2/22/2007        | 2007 NC 14 & Under Age Group C |

## NC Swimming Girls Unofficial Top 5 (5/4/2007)

**LSC: NC For Dates 9/1/2006 - 8/31/2007**

|   |         |     |                |    |    |                           |           |                                |
|---|---------|-----|----------------|----|----|---------------------------|-----------|--------------------------------|
| 2 | 1:15.16 | 843 | Raab, Meaghan  | 10 | NC | Mecklenburg Aquatic Club  | 2/22/2007 | 2007 NC 14 & Under Age Group C |
| 3 | 1:20.27 | 721 | Sarratt, Emily | 10 | NC | Tar Heel Aquatic Team     | 3/15/2007 | 2007 NC SZ East Sect AG Ch     |
| 4 | 1:20.48 | 716 | Moore, Sara    | 10 | NC | Waves Of Wilmington, Inc. | 12/8/2006 | 2006 NC WAVE Fall States Invit |
| 5 | 1:20.90 | 706 | Roses, Maija   | 10 | NC | Tar Heel Aquatic Team     | 12/8/2006 | 2006 NC WAVE Fall States Invit |

### Girls 10 & under 50 Butterfly Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>        | <i>Age</i> | <i>LSC / Club</i>               | <i>Meet Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|--------------------|------------|---------------------------------|------------------|--------------------------------|
| 1           | 28.46       | 909                 | Raab, Meaghan      | 10         | NC Mecklenburg Aquatic Club     | 3/15/2007        | 2007 NC SZ East Sect AG Ch     |
| 2           | 30.53       | 779                 | Roses, Maija       | 10         | NC Tar Heel Aquatic Team        | 12/8/2006        | 2006 NC WAVE Fall States Invit |
| 3           | 30.78       | 763                 | Siemens, Sara      | 10         | NC Tar Heel Aquatic Team        | 3/15/2007        | 2007 NC SZ East Sect AG Ch     |
| 4           | 30.94       | 754                 | Moore, Hannah      | 10         | NC New Wave Swim Team           | 2/22/2007        | 2007 NC 14 & Under Age Group C |
| 5           | 31.30       | 732                 | Schumacher, London | 10         | NC Smokey Mountain Aquatic Club | 2/22/2007        | 2007 NC 14 & Under Age Group C |

### Girls 10 & under 100 Butterfly Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>        | <i>Age</i> | <i>LSC / Club</i>           | <i>Meet Date</i> | <i>Meet</i>                 |
|-------------|-------------|---------------------|--------------------|------------|-----------------------------|------------------|-----------------------------|
| 1           | 1:02.53     | 941                 | Raab, Meaghan      | 10         | NC Mecklenburg Aquatic Club | 3/15/2007        | 2007 NC SZ East Sect AG Ch  |
| 2           | 1:08.57     | 774                 | Roses, Maija       | 10         | NC Tar Heel Aquatic Team    | 1/27/2007        | 2007 NC RSA January Jubilee |
| 3           | 1:09.01     | 763                 | Moore, Hannah      | 10         | NC New Wave Swim Team       | 3/15/2007        | 2007 NC SZ East Sect AG Ch  |
| 4           | 1:09.59     | 747                 | Gupton, Allison    | 10         | NC New Wave Swim Team       | 3/15/2007        | 2007 NC SZ East Sect AG Ch  |
| 5           | 1:10.61     | 721                 | Robertson, Sabrina | 10         | NC Star Aquatics            | 3/15/2007        | 2007 NC SZ East Sect AG Ch  |

### Girls 10 & under 100 Individual Medley Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>        | <i>Age</i> | <i>LSC / Club</i>               | <i>Meet Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|--------------------|------------|---------------------------------|------------------|--------------------------------|
| 1           | 1:05.93     | 902                 | Raab, Meaghan      | 10         | NC Mecklenburg Aquatic Club     | 3/15/2007        | 2007 NC SZ East Sect AG Ch     |
| 2           | 1:06.49     | 883                 | Roses, Maija       | 10         | NC Tar Heel Aquatic Team        | 1/27/2007        | 2007 NC RSA January Jubilee    |
| 3           | 1:08.54     | 818                 | Schumacher, London | 10         | NC Smokey Mountain Aquatic Club | 2/22/2007        | 2007 NC 14 & Under Age Group C |
| 4           | 1:09.12     | 962                 | Rolquin, Clare     | 8          | NC Waves Of Wilmington, Inc.    | 3/2/2007         | 2007 NC ECSL Short Course Cham |
| 5           | 1:09.72     | 781                 | Merritt, Heather   | 10         | NC Mecklenburg Aquatic Club     | 2/9/2007         | 2007 NC TEAM Western Open      |

# NC Swimming Girls Unofficial Top 5 (5/4/2007)

LSC: NC For Dates 9/1/2006 - 8/31/2007

## Girls 10 & under 200 Individual Medley Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>        | <i>Age</i> | <i>LSC / Club</i>               | <i>Meet Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|--------------------|------------|---------------------------------|------------------|--------------------------------|
| 1           | 2:19.54     | 917                 | Raab, Meaghan      | 10         | NC Mecklenburg Aquatic Club     | 3/15/2007        | 2007 NC SZ East Sect AG Ch     |
| 2           | 2:25.81     | 825                 | Roses, Maija       | 10         | NC Tar Heel Aquatic Team        | 11/17/2006       | 2006 NC Tar Heel Aquatic Team' |
| 3           | 2:28.23     | 790                 | Schumacher, London | 10         | NC Smokey Mountain Aquatic Club | 3/15/2007        | 2007 NC SZ East Sect AG Ch     |
| 4           | 2:31.13     | 749                 | Merritt, Heather   | 10         | NC Mecklenburg Aquatic Club     | 1/13/2007        | 2007 NC LarsonAllen MAC Invite |
| 5           | 2:31.43     | 745                 | Emery, Nicole      | 10         | NC Aquatic Team Of Mecklenburg  | 11/10/2006       | 2006 SC YSSC Tgiving Invite    |

## Girls 11-12 50 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>         | <i>Age</i> | <i>LSC / Club</i>              | <i>Meet Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|---------------------|------------|--------------------------------|------------------|--------------------------------|
| 1           | 24.97       | 814                 | Johnson, Faith      | 12         | NC High Point Swim Club        | 4/12/2007        | 2007 NC SunKissed Invitational |
| 2           | 25.08       | 805                 | Mock, Lauren        | 12         | NC Star Aquatics               | 12/8/2006        | 2006 NC WAVE Fall States Invit |
| 3           | 25.34       | 783                 | Zou, Lisa           | 12         | NC North Carolina Aquatic Club | 3/15/2007        | 2007 NC SZ East Sect AG Ch     |
| 4           | 25.69       | 753                 | Bosek, Lindsay      | 12         | NC Mecklenburg Aquatic Club    | 2/22/2007        | 2007 NC 14 & Under Age Group C |
| 5           | 25.77       | 747                 | Marshall, Alexandra | 12         | NC Star Aquatics               | 2/22/2007        | 2007 NC 14 & Under Age Group C |

## Girls 11-12 100 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>       | <i>Age</i> | <i>LSC / Club</i>               | <i>Meet Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|-------------------|------------|---------------------------------|------------------|--------------------------------|
| 1           | 54.15       | 816                 | Mock, Lauren      | 12         | NC Star Aquatics                | 12/8/2006        | 2006 NC WAVE Fall States Invit |
| 2           | 54.86       | 785                 | Johnson, Faith    | 12         | NC High Point Swim Club         | 4/12/2007        | 2007 NC SunKissed Invitational |
| 3           | 55.38       | 762                 | Zou, Lisa         | 12         | NC North Carolina Aquatic Club  | 2/22/2007        | 2007 NC 14 & Under Age Group C |
| 4           | 55.51       | 851                 | Roses, Maija      | 11         | NC Tar Heel Aquatic Team        | 3/15/2007        | 2007 NC SZ East Sect AG Ch     |
| 5           | 55.55       | 755                 | Stringfield, Katy | 12         | NC Smokey Mountain Aquatic Club | 2/22/2007        | 2007 NC 14 & Under Age Group C |

## Girls 11-12 200 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>       | <i>Age</i> | <i>LSC / Club</i>               | <i>Meet Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|-------------------|------------|---------------------------------|------------------|--------------------------------|
| 1           | 1:57.70     | 807                 | Stringfield, Katy | 12         | NC Smokey Mountain Aquatic Club | 3/15/2007        | 2007 NC SZ East Sect AG Ch     |
| 2           | 2:01.54     | 722                 | Mock, Lauren      | 12         | NC Star Aquatics                | 12/8/2006        | 2006 NC WAVE Fall States Invit |
| 3           | 2:01.69     | 719                 | Mehaffey, Caitlin | 12         | NC Unattached                   | 2/22/2007        | 2007 NC 14 & Under Age Group C |

## NC Swimming Girls Unofficial Top 5 (5/4/2007)

LSC: NC For Dates 9/1/2006 - 8/31/2007

|   |         |     |                    |    |    |                              |           |                                |
|---|---------|-----|--------------------|----|----|------------------------------|-----------|--------------------------------|
| 4 | 2:02.46 | 702 | Mitchell, Caroline | 12 | NC | Marlins of Raleigh           | 3/15/2007 | 2007 NC SZ East Sect AG Ch     |
| 5 | 2:02.88 | 807 | Miller, Genevieve  | 11 | NC | Winston-Salem YMCA Swim Team | 2/22/2007 | 2007 NC 14 & Under Age Group C |

### Girls 11-12 500 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>        | <i>Age</i> | <i>LSC / Club</i>                      | <i>Meet Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|--------------------|------------|--|------------------|--------------------------------|
| 1           | 5:09.30     | 840                 | Mehaffey, Caitlin  | 12         | NC Unattached                          | 3/15/2007        | 2007 NC SZ East Sect AG Ch     |
| 2           | 5:13.28     | 805                 | Stringfield, Katy  | 12         | NC Smokey Mountain Aquatic Club        | 3/15/2007        | 2007 NC SZ East Sect AG Ch     |
| 3           | 5:18.57     | 759                 | Molloy, Kiera      | 12         | NC YMCA of the Triangle Area Swim Team | 2/22/2007        | 2007 NC 14 & Under Age Group C |
| 4           | 5:21.83     | 849                 | Miller, Genevieve  | 11         | NC Winston-Salem YMCA Swim Team        | 2/22/2007        | 2007 NC 14 & Under Age Group C |
| 5           | 5:22.21     | 728                 | Mitchell, Caroline | 12         | NC Marlins of Raleigh                  | 2/22/2007        | 2007 NC 14 & Under Age Group C |

### Girls 11-12 1000 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>          | <i>Age</i> | <i>LSC / Club</i>               | <i>Meet Date</i> | <i>Meet</i>                |
|-------------|-------------|---------------------|----------------------|------------|---------------------------------|------------------|----------------------------|
| 1           | 10:53.33    | 821                 | Mehaffey, Caitlin    | 12         | NC Unattached                   | 3/15/2007        | 2007 NC SZ East Sect AG Ch |
| 2           | 10:53.92    | 819                 | Stringfield, Katy    | 12         | NC Smokey Mountain Aquatic Club | 3/15/2007        | 2007 NC SZ East Sect AG Ch |
| 3           | 11:06.12    | 891                 | Miller, Genevieve    | 11         | NC Winston-Salem YMCA Swim Team | 3/15/2007        | 2007 NC SZ East Sect AG Ch |
| 4           | 11:06.72    | 770                 | Mitchell, Caroline   | 12         | NC Marlins of Raleigh           | 3/15/2007        | 2007 NC SZ East Sect AG Ch |
| 5           | 11:20.15    | 719                 | Murch Elliot, Currie | 12         | NC Mecklenburg Aquatic Club     | 2/15/2007        | 2007 NC NCS Senior Champs  |

### Girls 11-12 1650 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>        | <i>Age</i> | <i>LSC / Club</i>                      | <i>Meet Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|--------------------|------------|--|------------------|--------------------------------|
| 1           | 18:03.91    | 842                 | Stringfield, Katy  | 12         | NC Smokey Mountain Aquatic Club        | 3/15/2007        | 2007 NC SZ East Sect AG Ch     |
| 2           | 18:09.65    | 829                 | Mehaffey, Caitlin  | 12         | NC Unattached                          | 3/15/2007        | 2007 NC SZ East Sect AG Ch     |
| 3           | 18:27.16    | 963                 | Miller, Genevieve  | 11         | NC Winston-Salem YMCA Swim Team        | 3/15/2007        | 2007 NC SZ East Sect AG Ch     |
| 4           | 18:38.46    | 765                 | Mitchell, Caroline | 12         | NC Marlins of Raleigh                  | 3/23/2007        | 2007 NC WAVE Tarheel States In |
| 5           | 18:48.26    | 743                 | Molloy, Kiera      | 12         | NC YMCA of the Triangle Area Swim Team | 3/15/2007        | 2007 NC SZ East Sect AG Ch     |

### Girls 11-12 50 Backstroke Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|-------------|------------|-------------------|------------------|-------------|
|-------------|-------------|---------------------|-------------|------------|-------------------|------------------|-------------|

## NC Swimming Girls Unofficial Top 5 (5/4/2007)

**LSC: NC For Dates 9/1/2006 - 8/31/2007**

|   |       |     |                 |    |    |                              |            |                                |
|---|-------|-----|-----------------|----|----|------------------------------|------------|--------------------------------|
| 1 | 28.53 | 814 | Zou, Lisa       | 12 | NC | North Carolina Aquatic Club  | 3/15/2007  | 2007 NC SZ East Sect AG Ch     |
| 2 | 29.13 | 764 | Costa, Elise    | 12 | NC | Star Aquatics                | 10/6/2006  | 2006 NC WOW BB/BC Fall Invite  |
| 3 | 29.46 | 738 | Harris, Natalie | 12 | NC | Star Aquatics                | 3/15/2007  | 2007 NC SZ East Sect AG Ch     |
| 4 | 29.47 | 737 | Mahoney, Erin   | 12 | NC | Raleigh Swimming Association | 10/28/2006 | 2006 NC THAT Trick or Treat 12 |
| 5 | 29.56 | 730 | Smith, Lillie   | 12 | NC | Marlins of Raleigh           | 3/17/2007  | 2007 NC SZ East Sect AG Ch     |

### Girls 11-12 100 Backstroke Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>          | <i>Age</i> | <i>LSC / Club</i> |                              | <i>Meet Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|----------------------|------------|-------------------|------------------------------|------------------|--------------------------------|
| 1           | 1:01.94     | 761                 | Costa, Elise         | 12         | NC                | Star Aquatics                | 10/6/2006        | 2006 NC WOW BB/BC Fall Invite  |
| 2           | 1:02.69     | 734                 | Stenkvist, Henriette | 12         | NC                | Raleigh Swimming Association | 12/8/2006        | 2006 NC WAVE Fall States Invit |
| 3           | 1:02.79     | 730                 | Smith, Lillie        | 12         | NC                | Marlins of Raleigh           | 2/22/2007        | 2007 NC 14 & Under Age Group C |
| 4           | 1:03.02     | 722                 | Mehaffey, Caitlin    | 12         | NC                | Unattached                   | 2/22/2007        | 2007 NC 14 & Under Age Group C |
| 5           | 1:03.08     | 720                 | Zou, Lisa            | 12         | NC                | North Carolina Aquatic Club  | 3/15/2007        | 2007 NC SZ East Sect AG Ch     |

### Girls 11-12 200 Backstroke Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>        | <i>Age</i> | <i>LSC / Club</i> |                             | <i>Meet Date</i> | <i>Meet</i>                |
|-------------|-------------|---------------------|--------------------|------------|-------------------|-----------------------------|------------------|----------------------------|
| 1           | 2:09.13     | 833                 | Mehaffey, Caitlin  | 12         | NC                | Unattached                  | 3/15/2007        | 2007 NC SZ East Sect AG Ch |
| 2           | 2:15.76     | 728                 | Zou, Lisa          | 12         | NC                | North Carolina Aquatic Club | 3/15/2007        | 2007 NC SZ East Sect AG Ch |
| 3           | 2:16.13     | 722                 | Cooper, Linsay     | 12         | NC                | Mecklenburg Aquatic Club    | 3/15/2007        | 2007 NC SZ East Sect AG Ch |
| 4           | 2:16.83     | 712                 | Mitchell, Caroline | 12         | NC                | Marlins of Raleigh          | 3/15/2007        | 2007 NC SZ East Sect AG Ch |
| 5           | 2:17.48     | 702                 | Smith, Lillie      | 12         | NC                | Marlins of Raleigh          | 3/15/2007        | 2007 NC SZ East Sect AG Ch |

### Girls 11-12 50 Breaststroke Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>      | <i>Age</i> | <i>LSC / Club</i> |                                     | <i>Meet Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|------------------|------------|-------------------|-------------------------------------|------------------|--------------------------------|
| 1           | 33.21       | 721                 | Beeler, Halle    | 12         | NC                | Star Aquatics                       | 3/15/2007        | 2007 NC SZ East Sect AG Ch     |
| 2           | 33.36       | 712                 | James, Laura     | 12         | NC                | YMCA of the Triangle Area Swim Team | 12/8/2006        | 2006 NC WAVE Fall States Invit |
| 3           | 33.54       | 701                 | Settlemyre, Anne | 12         | NC                | Team Charlotte Swimming             | 3/15/2007        | 2007 NC SZ East Sect AG Ch     |
| 4           | 33.74       | 688                 | Krasnov, Allison | 12         | NC                | Tar Heel Aquatic Team               | 2/22/2007        | 2007 NC 14 & Under Age Group C |
| 5           | 33.88       | 680                 | Johnson, Sierra  | 12         | NC                | Metro Area Swim Club                | 2/22/2007        | 2007 NC 14 & Under Age Group C |

# NC Swimming Girls Unofficial Top 5 (5/4/2007)

LSC: NC For Dates 9/1/2006 - 8/31/2007

## Girls 11-12 100 Breaststroke Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>     | <i>Age</i> | <i>LSC / Club</i>                      | <i>Meet Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|-----------------|------------|--|------------------|--------------------------------|
| 1           | 1:11.77     | 711                 | Johnson, Faith  | 12         | NC High Point Swim Club                | 4/12/2007        | 2007 NC SunKissed Invitational |
| 2           | 1:11.82     | 709                 | James, Laura    | 12         | NC YMCA of the Triangle Area Swim Team | 12/1/2006        | 2006 NC AP TYR Capital Classic |
| 3           | 1:12.33     | 695                 | Beeler, Halle   | 12         | NC Star Aquatics                       | 3/15/2007        | 2007 NC SZ East Sect AG Ch     |
| 4           | 1:12.41     | 693                 | Johnson, Sierra | 12         | NC Metro Area Swim Club                | 2/22/2007        | 2007 NC 14 & Under Age Group C |
| 5           | 1:12.49     | 690                 | Molloy, Kiera   | 12         | NC YMCA of the Triangle Area Swim Team | 3/15/2007        | 2007 NC SZ East Sect AG Ch     |

## Girls 11-12 200 Breaststroke Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>        | <i>Age</i> | <i>LSC / Club</i>                      | <i>Meet Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|--------------------|------------|--|------------------|--------------------------------|
| 1           | 2:37.53     | 685                 | James, Laura       | 12         | NC YMCA of the Triangle Area Swim Team | 12/8/2006        | 2006 NC WAVE Fall States Invit |
| 2           | 2:38.34     | 675                 | Molloy, Kiera      | 12         | NC YMCA of the Triangle Area Swim Team | 12/1/2006        | 2006 NC AP TYR Capital Classic |
| 3           | 2:38.47     | 673                 | Thorne, Susannah   | 12         | NC Star Aquatics                       | 3/15/2007        | 2007 NC SZ East Sect AG Ch     |
| 4           | 2:38.58     | 672                 | Mitchell, Caroline | 12         | NC Marlins of Raleigh                  | 3/23/2007        | 2007 NC WAVE Tarheel States In |
| 5           | 2:38.87     | 668                 | Anderson, Ellen    | 12         | NC YMCA of Western North Carolina      | 3/15/2007        | 2007 NC SZ East Sect AG Ch     |

## Girls 11-12 50 Butterfly Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>      | <i>Age</i> | <i>LSC / Club</i>              | <i>Meet Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|------------------|------------|--------------------------------|------------------|--------------------------------|
| 1           | 27.32       | 805                 | Mock, Lauren     | 12         | NC Star Aquatics               | 12/8/2006        | 2006 NC WAVE Fall States Invit |
| 2           | 27.70       | 777                 | Bryant, Caroline | 12         | NC Aquatic Team Of Mecklenburg | 3/23/2007        | 2007 NC BRSL Short Course Cham |
| 3           | 28.16       | 745                 | Cooper, Lindsay  | 12         | NC Mecklenburg Aquatic Club    | 2/22/2007        | 2007 NC 14 & Under Age Group C |
| 4           | 28.43       | 726                 | Bosek, Lindsay   | 12         | NC Mecklenburg Aquatic Club    | 2/22/2007        | 2007 NC 14 & Under Age Group C |
| 4           | 28.43       | 726                 | Ashcraft, Alexa  | 12         | NC Team Charlotte Swimming     | 3/15/2007        | 2007 NC SZ East Sect AG Ch     |
| 4           | 28.43       | 726                 | Zou, Lisa        | 12         | NC North Carolina Aquatic Club | 3/15/2007        | 2007 NC SZ East Sect AG Ch     |

# NC Swimming Girls Unofficial Top 5 (5/4/2007)

LSC: NC For Dates 9/1/2006 - 8/31/2007

## Girls 11-12 100 Butterfly Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>       | <i>Age</i> | <i>LSC / Club</i>                 | <i>Meet Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|-------------------|------------|-----------------------------------|------------------|--------------------------------|
| 1           | 1:00.22     | 801                 | Mehaffey, Caitlin | 12         | NC Unattached                     | 3/15/2007        | 2007 NC SZ East Sect AG Ch     |
| 2           | 1:00.45     | 794                 | Mock, Lauren      | 12         | NC Star Aquatics                  | 12/8/2006        | 2006 NC WAVE Fall States Invit |
| 3           | 1:01.46     | 762                 | Bryant, Caroline  | 12         | NC Aquatic Team Of Mecklenburg    | 3/15/2007        | 2007 NC SZ East Sect AG Ch     |
| 4           | 1:01.75     | 753                 | Ashcraft, Alexa   | 12         | NC Team Charlotte Swimming        | 2/22/2007        | 2007 NC 14 & Under Age Group C |
| 5           | 1:02.28     | 736                 | Hart, Abigail     | 12         | NC YMCA of Western North Carolina | 2/22/2007        | 2007 NC 14 & Under Age Group C |

## Girls 11-12 200 Butterfly Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>       | <i>Age</i> | <i>LSC / Club</i>                 | <i>Meet Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|-------------------|------------|-----------------------------------|------------------|--------------------------------|
| 1           | 2:08.62     | 880                 | Mehaffey, Caitlin | 12         | NC Unattached                     | 3/15/2007        | 2007 NC SZ East Sect AG Ch     |
| 2           | 2:16.95     | 767                 | Hart, Abigail     | 12         | NC YMCA of Western North Carolina | 1/26/2007        | 2007 GA ASL Winter Invite      |
| 3           | 2:17.43     | 761                 | Ashcraft, Alexa   | 12         | NC Team Charlotte Swimming        | 4/12/2007        | 2007 NC SunKissed Invitational |
| 4           | 2:18.57     | 746                 | Bryant, Caroline  | 12         | NC Aquatic Team Of Mecklenburg    | 3/15/2007        | 2007 NC SZ East Sect AG Ch     |
| 5           | 2:20.38     | 722                 | Garbarino, Krysta | 12         | NC New Wave Swim Team             | 12/8/2006        | 2006 NC WAVE Fall States Invit |

## Girls 11-12 100 Individual Medley Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>           | <i>Age</i> | <i>LSC / Club</i>               | <i>Meet Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|-----------------------|------------|---------------------------------|------------------|--------------------------------|
| 1           | 1:02.62     | 796                 | Johnson, Faith        | 12         | NC High Point Swim Club         | 4/12/2007        | 2007 NC SunKissed Invitational |
| 2           | 1:02.78     | 790                 | Mock, Lauren          | 12         | NC Star Aquatics                | 12/8/2006        | 2006 NC WAVE Fall States Invit |
| 3           | 1:04.45     | 728                 | Stenkivist, Henriette | 12         | NC Raleigh Swimming Association | 1/27/2007        | 2007 NC RSA January Jubilee    |
| 4           | 1:04.51     | 726                 | Beeler, Halle         | 12         | NC Star Aquatics                | 12/8/2006        | 2006 NC WAVE Fall States Invit |
| 5           | 1:04.57     | 724                 | Bryant, Caroline      | 12         | NC Aquatic Team Of Mecklenburg  | 3/23/2007        | 2007 NC BRSL Short Course Cham |

## Girls 11-12 200 Individual Medley Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>       | <i>Age</i> | <i>LSC / Club</i>              | <i>Meet Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|-------------------|------------|--------------------------------|------------------|--------------------------------|
| 1           | 2:15.35     | 755                 | Ashcraft, Alexa   | 12         | NC Team Charlotte Swimming     | 2/22/2007        | 2007 NC 14 & Under Age Group C |
| 2           | 2:15.49     | 752                 | Mehaffey, Caitlin | 12         | NC Unattached                  | 2/22/2007        | 2007 NC 14 & Under Age Group C |
| 3           | 2:16.79     | 730                 | Bryant, Caroline  | 12         | NC Aquatic Team Of Mecklenburg | 3/15/2007        | 2007 NC SZ East Sect AG Ch     |

## NC Swimming Girls Unofficial Top 5 (5/4/2007)

LSC: NC For Dates 9/1/2006 - 8/31/2007

|   |         |     |              |    |    |                             |           |                                |
|---|---------|-----|--------------|----|----|-----------------------------|-----------|--------------------------------|
| 4 | 2:17.79 | 714 | Mock, Lauren | 12 | NC | Star Aquatics               | 12/8/2006 | 2006 NC WAVE Fall States Invit |
| 5 | 2:18.60 | 700 | Zou, Lisa    | 12 | NC | North Carolina Aquatic Club | 1/12/2007 | 2007 GA Eastern Swim Classic   |

### Girls 11-12 400 Individual Medley Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>        | <i>Age</i> | <i>LSC / Club</i>                      | <i>Meet Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|--------------------|------------|--|------------------|--------------------------------|
| 1           | 4:40.02     | 830                 | Mehaffey, Caitlin  | 12         | NC Unattached                          | 3/15/2007        | 2007 NC SZ East Sect AG Ch     |
| 2           | 4:48.74     | 763                 | Molloy, Kiera      | 12         | NC YMCA of the Triangle Area Swim Team | 3/15/2007        | 2007 NC SZ East Sect AG Ch     |
| 3           | 4:53.79     | 725                 | Bryant, Caroline   | 12         | NC Aquatic Team Of Mecklenburg         | 2/9/2007         | 2007 NC TEAM Western Open      |
| 4           | 4:56.15     | 708                 | Ashcraft, Alexa    | 12         | NC Team Charlotte Swimming             | 3/15/2007        | 2007 NC SZ East Sect AG Ch     |
| 5           | 4:56.37     | 706                 | Mitchell, Caroline | 12         | NC Marlins of Raleigh                  | 3/23/2007        | 2007 NC WAVE Tarheel States In |

### Girls 13-14 50 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>      | <i>Age</i> | <i>LSC / Club</i>           | <i>Meet Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|------------------|------------|-----------------------------|------------------|--------------------------------|
| 1           | 24.29       | 787                 | Reich, Aviry     | 14         | NC Mecklenburg Aquatic Club | 3/15/2007        | 2007 NC SZ East Sect AG Ch     |
| 2           | 24.34       | 782                 | Ormand, Sam      | 14         | NC Mecklenburg Aquatic Club | 3/15/2007        | 2007 NC SZ East Sect AG Ch     |
| 3           | 24.50       | 767                 | Marinshaw, Dania | 14         | NC Tar Heel Aquatic Team    | 3/8/2007         | 2007 GA Speedo Sectionals      |
| 4           | 24.61       | 756                 | Morris, Kati     | 14         | NC Mecklenburg Aquatic Club | 3/15/2007        | 2007 NC SZ East Sect AG Ch     |
| 5           | 24.76       | 799                 | Mock, Lauren     | 13         | NC Star Aquatics            | 2/22/2007        | 2007 NC 14 & Under Age Group C |

### Girls 13-14 100 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>      | <i>Age</i> | <i>LSC / Club</i>           | <i>Meet Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|------------------|------------|-----------------------------|------------------|--------------------------------|
| 1           | 52.29       | 807                 | Ormand, Sam      | 14         | NC Mecklenburg Aquatic Club | 3/15/2007        | 2007 NC SZ East Sect AG Ch     |
| 2           | 52.42       | 800                 | Marinshaw, Dania | 14         | NC Tar Heel Aquatic Team    | 3/15/2007        | 2007 NC SZ East Sect AG Ch     |
| 3           | 52.60       | 791                 | Reich, Aviry     | 14         | NC Mecklenburg Aquatic Club | 3/15/2007        | 2007 NC SZ East Sect AG Ch     |
| 4           | 53.63       | 740                 | Shishkoff, Gabi  | 14         | NC Marlins of Raleigh       | 3/23/2007        | 2007 NC WAVE Tarheel States In |
| 5           | 53.65       | 739                 | Morris, Kati     | 14         | NC Unattached               | 10/7/2006        | 2006 SC SCHSL 4A Champs        |

### Girls 13-14 200 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>      | <i>Age</i> | <i>LSC / Club</i>               | <i>Meet Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|------------------|------------|---------------------------------|------------------|--------------------------------|
| 1           | 1:52.87     | 800                 | Baird, Kelly Ann | 14         | NC Winston-Salem YMCA Swim Team | 12/1/2006        | 2006 NC NSS 13-14/Senior Winte |

## NC Swimming Girls Unofficial Top 5 (5/4/2007)

**LSC: NC For Dates 9/1/2006 - 8/31/2007**

|   |         |     |                  |    |    |                          |           |                            |
|---|---------|-----|------------------|----|----|--------------------------|-----------|----------------------------|
| 2 | 1:53.80 | 776 | Ormand, Sam      | 14 | NC | Mecklenburg Aquatic Club | 3/15/2007 | 2007 NC SZ East Sect AG Ch |
| 3 | 1:54.42 | 760 | Shishkoff, Gabi  | 14 | NC | Unattached               | 2/9/2007  | 2007 NC 4A State Swim      |
| 4 | 1:54.66 | 754 | Marinshaw, Dania | 14 | NC | Tar Heel Aquatic Team    | 3/8/2007  | 2007 GA Speedo Sectionals  |
| 5 | 1:54.81 | 750 | Reich, Aviry     | 14 | NC | Mecklenburg Aquatic Club | 3/15/2007 | 2007 NC SZ East Sect AG Ch |

### Girls 13-14 500 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>      | <i>Age</i> | <i>LSC / Club</i>               | <i>Meet Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|------------------|------------|---------------------------------|------------------|--------------------------------|
| 1           | 4:53.78     | 855                 | Baird, Kelly Ann | 14         | NC Winston-Salem YMCA Swim Team | 12/1/2006        | 2006 NC NSS 13-14/Senior Winte |
| 2           | 5:02.36     | 768                 | Shishkoff, Gabi  | 14         | NC Marlins of Raleigh           | 3/23/2007        | 2007 NC WAVE Tarheel States In |
| 3           | 5:04.23     | 749                 | Henry, Sarah     | 14         | NC Raleigh Swimming Association | 12/1/2006        | 2006 NC NSS 13-14/Senior Winte |
| 4           | 5:04.43     | 748                 | Marinshaw, Dania | 14         | NC Tar Heel Aquatic Team        | 3/8/2007         | 2007 GA Speedo Sectionals      |
| 5           | 5:09.88     | 695                 | Blalock, Cari    | 14         | NC Waves Of Wilmington, Inc.    | 10/27/2006       | 2006 SC Clemson Classic        |

### Girls 13-14 1000 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>      | <i>Age</i> | <i>LSC / Club</i>               | <i>Meet Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|------------------|------------|---------------------------------|------------------|--------------------------------|
| 1           | 10:02.97    | 883                 | Baird, Kelly Ann | 14         | NC Winston-Salem YMCA Swim Team | 12/1/2006        | 2006 NC NSS 13-14/Senior Winte |
| 2           | 10:21.37    | 799                 | Marinshaw, Dania | 14         | NC Tar Heel Aquatic Team        | 3/8/2007         | 2007 GA Speedo Sectionals      |
| 3           | 10:27.85    | 770                 | Shishkoff, Gabi  | 14         | NC Marlins of Raleigh           | 3/8/2007         | 2007 GA Speedo Sectionals      |
| 4           | 10:35.14    | 738                 | Henry, Sarah     | 14         | NC Raleigh Swimming Association | 10/13/2006       | 2006 NC TYR/RSA Senior Kick-Of |
| 5           | 10:36.38    | 733                 | Pugh, Elizabeth  | 14         | NC Mecklenburg Aquatic Club     | 11/11/2006       | 2006 Dynamo vs MAC Senior Dual |

### Girls 13-14 1650 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>      | <i>Age</i> | <i>LSC / Club</i>               | <i>Meet Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|------------------|------------|---------------------------------|------------------|--------------------------------|
| 1           | 16:35.80    | 913                 | Baird, Kelly Ann | 14         | NC Winston-Salem YMCA Swim Team | 12/1/2006        | 2006 NC NSS 13-14/Senior Winte |
| 2           | 17:39.20    | 744                 | Marinshaw, Dania | 14         | NC Tar Heel Aquatic Team        | 2/22/2007        | 2007 NC 14 & Under Age Group C |
| 3           | 17:43.87    | 732                 | Shishkoff, Gabi  | 14         | NC Marlins of Raleigh           | 3/8/2007         | 2007 GA Speedo Sectionals      |
| 4           | 17:45.04    | 730                 | Henry, Sarah     | 14         | NC Raleigh Swimming Association | 12/1/2006        | 2006 NC NSS 13-14/Senior Winte |
| 5           | 17:50.20    | 717                 | Cox, Courtney    | 14         | NC Mecklenburg Aquatic Club     | 2/22/2007        | 2007 NC 14 & Under Age Group C |

# NC Swimming Girls Unofficial Top 5 (5/4/2007)

LSC: NC For Dates 9/1/2006 - 8/31/2007

## Girls 13-14 100 Backstroke Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>      | <i>Age</i> | <i>LSC / Club</i>                      | <i>Meet Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|------------------|------------|--|------------------|--------------------------------|
| 1           | 57.80       | 868                 | Benson, Sabrina  | 13         | NC YMCA of the Triangle Area Swim Team | 4/2/2007         | 2007 FG YMCA Nationals         |
| 2           | 58.45       | 840                 | Powell, Haley    | 13         | NC Unattached                          | 3/15/2007        | 2007 NC SZ East Sect AG Ch     |
| 3           | 59.02       | 755                 | Ormand, Sam      | 14         | NC Mecklenburg Aquatic Club            | 3/15/2007        | 2007 NC SZ East Sect AG Ch     |
| 4           | 59.39       | 740                 | Shishkoff, Gabi  | 14         | NC Marlins of Raleigh                  | 3/23/2007        | 2007 NC WAVE Tarheel States In |
| 5           | 59.58       | 792                 | Sloand, Samantha | 13         | NC Team Charlotte Swimming             | 4/12/2007        | 2007 NC SunKissed Invitational |

## Girls 13-14 200 Backstroke Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>      | <i>Age</i> | <i>LSC / Club</i>                      | <i>Meet Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|------------------|------------|--|------------------|--------------------------------|
| 1           | 2:04.26     | 819                 | Baird, Kelly Ann | 14         | NC Winston-Salem YMCA Swim Team        | 12/1/2006        | 2006 NC NSS 13-14/Senior Winte |
| 2           | 2:05.00     | 852                 | Benson, Sabrina  | 13         | NC YMCA of the Triangle Area Swim Team | 4/2/2007         | 2007 FG YMCA Nationals         |
| 3           | 2:05.16     | 849                 | Powell, Haley    | 13         | NC Unattached                          | 3/15/2007        | 2007 NC SZ East Sect AG Ch     |
| 4           | 2:05.74     | 792                 | Shishkoff, Gabi  | 14         | NC Marlins of Raleigh                  | 3/23/2007        | 2007 NC WAVE Tarheel States In |
| 5           | 2:06.77     | 820                 | Sloand, Samantha | 13         | NC Team Charlotte Swimming             | 2/22/2007        | 2007 NC 14 & Under Age Group C |

## Girls 13-14 100 Breaststroke Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>          | <i>Age</i> | <i>LSC / Club</i>               | <i>Meet Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|----------------------|------------|---------------------------------|------------------|--------------------------------|
| 1           | 1:05.87     | 799                 | Bussey, Torrey       | 14         | NC Unattached                   | 2/9/2007         | 2007 NC 4A State Swim          |
| 2           | 1:06.57     | 775                 | Raichle, Susannah    | 14         | NC Mecklenburg Aquatic Club     | 3/15/2007        | 2007 NC SZ East Sect AG Ch     |
| 3           | 1:06.80     | 768                 | Henry, Sarah         | 14         | NC Raleigh Swimming Association | 12/1/2006        | 2006 NC NSS 13-14/Senior Winte |
| 4           | 1:07.67     | 739                 | Jankowski, Christine | 14         | NC Mecklenburg Aquatic Club     | 2/22/2007        | 2007 NC 14 & Under Age Group C |
| 5           | 1:08.24     | 720                 | Marett, Emily        | 14         | NC Asheville Swim Club          | 3/15/2007        | 2007 NC SZ East Sect AG Ch     |

## Girls 13-14 200 Breaststroke Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>    | <i>Age</i> | <i>LSC / Club</i>               | <i>Meet Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|----------------|------------|---------------------------------|------------------|--------------------------------|
| 1           | 2:20.68     | 818                 | Henry, Sarah   | 14         | NC Raleigh Swimming Association | 10/13/2006       | 2006 NC TYR/RSA Senior Kick-Of |
| 2           | 2:22.78     | 786                 | Bussey, Torrey | 14         | NC Raleigh Swimming Association | 2/15/2007        | 2007 NC NCS Senior Champs      |

# NC Swimming Girls Unofficial Top 5 (5/4/2007)

**LSC: NC For Dates 9/1/2006 - 8/31/2007**

|   |         |     |                   |    |    |                              |           |                                |
|---|---------|-----|-------------------|----|----|------------------------------|-----------|--------------------------------|
| 3 | 2:23.89 | 769 | Raichle, Susannah | 14 | NC | Mecklenburg Aquatic Club     | 3/15/2007 | 2007 NC SZ East Sect AG Ch     |
| 4 | 2:25.87 | 740 | Huther, Alicia    | 14 | NC | Raleigh Swimming Association | 3/15/2007 | 2007 NC SZ East Sect AG Ch     |
| 5 | 2:26.86 | 725 | Blalock, Cari     | 14 | NC | Waves Of Wilmington, Inc.    | 12/1/2006 | 2006 NC NSS 13-14/Senior Winte |

## Girls 13-14 100 Butterfly Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>     | <i>Age</i> | <i>LSC / Club</i> |                                     | <i>Meet Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|-----------------|------------|-------------------|-------------------------------------|------------------|--------------------------------|
| 1           | 56.59       | 831                 | Ormand, Sam     | 14         | NC                | Mecklenburg Aquatic Club            | 3/15/2007        | 2007 NC SZ East Sect AG Ch     |
| 2           | 56.63       | 830                 | Blalock, Cari   | 14         | NC                | Waves Of Wilmington, Inc.           | 3/8/2007         | 2007 GA Speedo Sectionals      |
| 3           | 57.00       | 815                 | Howard, Chelsea | 14         | NC                | Tar Heel Aquatic Team               | 3/8/2007         | 2007 GA Speedo Sectionals      |
| 4           | 57.39       | 800                 | Henry, Sarah    | 14         | NC                | Raleigh Swimming Association        | 12/1/2006        | 2006 NC NSS 13-14/Senior Winte |
| 5           | 58.19       | 817                 | Benson, Sabrina | 13         | NC                | YMCA of the Triangle Area Swim Team | 12/1/2006        | 2006 NC AP TYR Capital Classic |

## Girls 13-14 200 Butterfly Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>     | <i>Age</i> | <i>LSC / Club</i> |                           | <i>Meet Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|-----------------|------------|-------------------|---------------------------|------------------|--------------------------------|
| 1           | 2:04.65     | 826                 | Blalock, Cari   | 14         | NC                | Waves Of Wilmington, Inc. | 3/8/2007         | 2007 GA Speedo Sectionals      |
| 2           | 2:04.77     | 824                 | Ormand, Sam     | 14         | NC                | Mecklenburg Aquatic Club  | 3/15/2007        | 2007 NC SZ East Sect AG Ch     |
| 3           | 2:05.35     | 814                 | Shishkoff, Gabi | 14         | NC                | Marlins of Raleigh        | 3/23/2007        | 2007 NC WAVE Tarheel States In |
| 4           | 2:06.49     | 795                 | Smith, Meghan   | 14         | NC                | Tar Heel Aquatic Team     | 3/8/2007         | 2007 GA Speedo Sectionals      |
| 5           | 2:08.67     | 759                 | Howard, Chelsea | 14         | NC                | Tar Heel Aquatic Team     | 3/15/2007        | 2007 NC SZ East Sect AG Ch     |

## Girls 13-14 200 Individual Medley Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>     | <i>Age</i> | <i>LSC / Club</i> |                              | <i>Meet Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|-----------------|------------|-------------------|------------------------------|------------------|--------------------------------|
| 1           | 2:06.59     | 812                 | Bussey, Torrey  | 14         | NC                | Unattached                   | 2/3/2007         | 2007 NC 4A East Regionals      |
| 2           | 2:07.01     | 803                 | Blalock, Cari   | 14         | NC                | Waves Of Wilmington, Inc.    | 12/1/2006        | 2006 NC NSS 13-14/Senior Winte |
| 3           | 2:07.18     | 800                 | Henry, Sarah    | 14         | NC                | Raleigh Swimming Association | 12/1/2006        | 2006 NC NSS 13-14/Senior Winte |
| 4           | 2:08.62     | 771                 | Shishkoff, Gabi | 14         | NC                | Marlins of Raleigh           | 3/8/2007         | 2007 GA Speedo Sectionals      |
| 5           | 2:08.82     | 768                 | Ormand, Sam     | 14         | NC                | Mecklenburg Aquatic Club     | 3/15/2007        | 2007 NC SZ East Sect AG Ch     |

## Girls 13-14 400 Individual Medley Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i> | <i>Age</i> | <i>LSC / Club</i> |  | <i>Meet Date</i> | <i>Meet</i> |
|-------------|-------------|---------------------|-------------|------------|-------------------|--|------------------|-------------|
|-------------|-------------|---------------------|-------------|------------|-------------------|--|------------------|-------------|

## NC Swimming Girls Unofficial Top 5 (5/4/2007)

**LSC: NC For Dates 9/1/2006 - 8/31/2007**

|   |         |     |                  |    |    |                              |           |                                |
|---|---------|-----|------------------|----|----|------------------------------|-----------|--------------------------------|
| 1 | 4:25.29 | 827 | Henry, Sarah     | 14 | NC | Raleigh Swimming Association | 12/1/2006 | 2006 NC NSS 13-14/Senior Winte |
| 2 | 4:27.92 | 803 | Shishkoff, Gabi  | 14 | NC | Marlins of Raleigh           | 3/8/2007  | 2007 GA Speedo Sectionals      |
| 3 | 4:30.30 | 782 | Baird, Kelly Ann | 14 | NC | Winston-Salem YMCA Swim Team | 12/1/2006 | 2006 NC NSS 13-14/Senior Winte |
| 4 | 4:30.87 | 777 | Blalock, Cari    | 14 | NC | Waves Of Wilmington, Inc.    | 3/8/2007  | 2007 GA Speedo Sectionals      |
| 5 | 4:31.96 | 768 | Bussey, Torrey   | 14 | NC | Raleigh Swimming Association | 3/20/2007 | 2007 FL NCSA Junior Champs     |

### Girls 15-16 50 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>     | <i>Age</i> | <i>LSC / Club</i> |                                     | <i>Meet Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|-----------------|------------|-------------------|-------------------------------------|------------------|--------------------------------|
| 1           | 22.93       | 890                 | Perdue, Lauren  | 15         | NC                | Greenville Swim Club                | 3/25/2007        | 2007 NC GSC Tar Heel States TT |
| 2           | 23.55       | 825                 | Long, Teresa    | 16         | NC                | YMCA of the Triangle Area Swim Team | 12/1/2006        | 2006 NC AP TYR Capital Classic |
| 3           | 23.81       | 800                 | Myers, Mandy    | 16         | NC                | YMCA of the Triangle Area Swim Team | 12/1/2006        | 2006 NC AP TYR Capital Classic |
| 4           | 24.05       | 776                 | Stewart, Erika  | 16         | NC                | Tar Heel Aquatic Team               | 3/8/2007         | 2007 GA Speedo Sectionals      |
| 5           | 24.47       | 736                 | Cooper, Candace | 16         | NC                | YMCA of the Triangle Area Swim Team | 12/1/2006        | 2006 NC AP TYR Capital Classic |

### Girls 15-16 100 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>    | <i>Age</i> | <i>LSC / Club</i> |                                     | <i>Meet Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|----------------|------------|-------------------|-------------------------------------|------------------|--------------------------------|
| 1           | 50.33       | 865                 | Perdue, Lauren | 15         | NC                | Greenville Swim Club                | 3/23/2007        | 2007 NC GSC TarHeel State Meet |
| 2           | 50.69       | 841                 | Long, Teresa   | 16         | NC                | YMCA of the Triangle Area Swim Team | 4/2/2007         | 2007 FG YMCA Nationals         |
| 3           | 51.31       | 814                 | Henry, Sarah   | 15         | NC                | Unattached                          | 3/23/2007        | 2007 FL NCSA Junior Champs     |
| 4           | 51.37       | 806                 | Myers, Mandy   | 16         | NC                | YMCA of the Triangle Area Swim Team | 12/1/2006        | 2006 NC AP TYR Capital Classic |
| 5           | 52.12       | 768                 | Smith, Kirsten | 16         | NC                | Marlins of Raleigh                  | 12/3/2006        | 2006 NC NSS 13-14/Senior Winte |

### Girls 15-16 200 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>    | <i>Age</i> | <i>LSC / Club</i> |                                | <i>Meet Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|----------------|------------|-------------------|--------------------------------|------------------|--------------------------------|
| 1           | 1:49.09     | 859                 | Perdue, Lauren | 15         | NC                | Greenville Swim Club           | 3/23/2007        | 2007 NC GSC TarHeel State Meet |
| 2           | 1:49.36     | 852                 | Henry, Sarah   | 15         | NC                | Raleigh Swimming Association   | 3/20/2007        | 2007 FL NCSA Junior Champs     |
| 3           | 1:51.21     | 790                 | Myers, Mandy   | 16         | NC                | YMCA of the Triangle Area Swim | 3/8/2007         | 2007 GA Speedo Sectionals      |

# NC Swimming Girls Unofficial Top 5 (5/4/2007)

**LSC: NC For Dates 9/1/2006 - 8/31/2007**

|   |         |     |                |    |    | Team                  |            |                           |
|---|---------|-----|----------------|----|----|-----------------------|------------|---------------------------|
| 4 | 1:51.96 | 770 | Stewart, Erika | 16 | NC | Tar Heel Aquatic Team | 3/8/2007   | 2007 GA Speedo Sectionals |
| 5 | 1:52.06 | 767 | Smith, Kirsten | 16 | NC | Marlins of Raleigh    | 11/10/2006 | 2006 NC MOR Tri Meet      |

## Girls 15-16 500 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>      | <i>Age</i> | <i>LSC / Club</i> |                              | <i>Meet Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|------------------|------------|-------------------|------------------------------|------------------|--------------------------------|
| 1           | 4:51.07     | 857                 | Baird, Kelly Ann | 15         | NC                | Winston-Salem YMCA Swim Team | 4/2/2007         | 2007 FG YMCA Nationals         |
| 2           | 4:54.12     | 804                 | Smith, Caroline  | 16         | NC                | Winston-Salem YMCA Swim Team | 12/1/2006        | 2006 NC NSS 13-14/Senior Winte |
| 3           | 4:55.26     | 814                 | Henry, Sarah     | 15         | NC                | Raleigh Swimming Association | 1/27/2007        | 2007 NC RSA January Jubilee    |
| 4           | 4:57.58     | 769                 | Smith, Kirsten   | 16         | NC                | Marlins of Raleigh           | 11/10/2006       | 2006 NC MOR Tri Meet           |
| 5           | 4:58.88     | 777                 | Smith, Carly     | 15         | NC                | North Carolina Aquatic Club  | 3/8/2007         | 2007 GA Speedo Sectionals      |

## Girls 15-16 1000 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>      | <i>Age</i> | <i>LSC / Club</i> |                                     | <i>Meet Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|------------------|------------|-------------------|-------------------------------------|------------------|--------------------------------|
| 1           | 9:54.14     | 903                 | Baird, Kelly Ann | 15         | NC                | Winston-Salem YMCA Swim Team        | 4/2/2007         | 2007 FG YMCA Nationals         |
| 2           | 10:11.50    | 793                 | Smith, Kirsten   | 16         | NC                | Marlins of Raleigh                  | 11/10/2006       | 2006 NC MOR Tri Meet           |
| 3           | 10:17.30    | 767                 | Smith, Caroline  | 16         | NC                | Winston-Salem YMCA Swim Team        | 12/1/2006        | 2006 NC NSS 13-14/Senior Winte |
| 4           | 10:22.67    | 772                 | Hendren, Allison | 15         | NC                | New Wave Swim Team                  | 2/15/2007        | 2007 NC NCS Senior Champs      |
| 5           | 10:28.48    | 717                 | Burke, Erin      | 16         | NC                | YMCA of the Triangle Area Swim Team | 4/2/2007         | 2007 FG YMCA Nationals         |

## Girls 15-16 1650 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>      | <i>Age</i> | <i>LSC / Club</i> |                                     | <i>Meet Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|------------------|------------|-------------------|-------------------------------------|------------------|--------------------------------|
| 1           | 16:33.88    | 891                 | Baird, Kelly Ann | 15         | NC                | Winston-Salem YMCA Swim Team        | 4/2/2007         | 2007 FG YMCA Nationals         |
| 2           | 16:54.12    | 826                 | Smith, Kirsten   | 16         | NC                | Marlins of Raleigh                  | 12/1/2006        | 2006 NC NSS 13-14/Senior Winte |
| 3           | 16:57.04    | 818                 | Smith, Caroline  | 16         | NC                | Winston-Salem YMCA Swim Team        | 12/1/2006        | 2006 NC NSS 13-14/Senior Winte |
| 4           | 17:30.50    | 740                 | Burke, Erin      | 15         | NC                | YMCA of the Triangle Area Swim Team | 12/1/2006        | 2006 NC AP TYR Capital Classic |
| 5           | 17:35.03    | 719                 | Mullen, Rachael  | 16         | NC                | Mecklenburg Aquatic Club            | 12/1/2006        | 2006 NC NSS 13-14/Senior Winte |

# NC Swimming Girls Unofficial Top 5 (5/4/2007)

LSC: NC For Dates 9/1/2006 - 8/31/2007

## Girls 15-16 100 Backstroke Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>     | <i>Age</i> | <i>LSC / Club</i>                      | <i>Meet Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|-----------------|------------|--|------------------|--------------------------------|
| 1           | 54.64       | 921                 | Smith, Carly    | 15         | NC North Carolina Aquatic Club         | 3/8/2007         | 2007 GA Speedo Sectionals      |
| 2           | 56.49       | 827                 | Stewart, Erika  | 16         | NC Tar Heel Aquatic Team               | 3/8/2007         | 2007 GA Speedo Sectionals      |
| 3           | 56.63       | 821                 | Cooper, Candace | 16         | NC YMCA of the Triangle Area Swim Team | 12/1/2006        | 2006 NC AP TYR Capital Classic |
| 4           | 56.84       | 812                 | Smart, Lauren   | 16         | NC Team Charlotte Swimming             | 12/1/2006        | 2006 NC NSS 13-14/Senior Winte |
| 5           | 57.12       | 800                 | Myers, Mandy    | 16         | NC YMCA of the Triangle Area Swim Team | 12/1/2006        | 2006 NC AP TYR Capital Classic |

## Girls 15-16 200 Backstroke Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>    | <i>Age</i> | <i>LSC / Club</i>                      | <i>Meet Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|----------------|------------|--|------------------|--------------------------------|
| 1           | 1:57.70     | 921                 | Smith, Carly   | 15         | NC North Carolina Aquatic Club         | 3/8/2007         | 2007 GA Speedo Sectionals      |
| 2           | 2:01.14     | 851                 | Stewart, Erika | 16         | NC Tar Heel Aquatic Team               | 3/8/2007         | 2007 GA Speedo Sectionals      |
| 3           | 2:01.87     | 837                 | Smith, Kirsten | 16         | NC Marlins of Raleigh                  | 12/1/2006        | 2006 NC NSS 13-14/Senior Winte |
| 4           | 2:02.37     | 828                 | Myers, Mandy   | 16         | NC YMCA of the Triangle Area Swim Team | 12/1/2006        | 2006 NC AP TYR Capital Classic |
| 5           | 2:03.24     | 811                 | Smart, Lauren  | 16         | NC Team Charlotte Swimming             | 12/1/2006        | 2006 NC NSS 13-14/Senior Winte |

## Girls 15-16 100 Breaststroke Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>           | <i>Age</i> | <i>LSC / Club</i>                      | <i>Meet Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|-----------------------|------------|--|------------------|--------------------------------|
| 1           | 1:05.82     | 771                 | Cage, Mallory         | 16         | NC Mecklenburg Aquatic Club            | 3/8/2007         | 2007 GA Speedo Sectionals      |
| 2           | 1:05.88     | 792                 | Hammerberg, Alexandra | 15         | NC Marlins of Raleigh                  | 1/13/2007        | 2007 NC LarsonAllen MAC Invite |
| 3           | 1:06.39     | 752                 | Stewart, Erika        | 16         | NC Tar Heel Aquatic Team               | 3/8/2007         | 2007 GA Speedo Sectionals      |
| 4           | 1:06.61     | 768                 | Jankowski, Christine  | 15         | NC Mecklenburg Aquatic Club            | 3/23/2007        | 2007 NC MAC Tarheel State Meet |
| 5           | 1:06.70     | 742                 | Long, Teresa          | 16         | NC YMCA of the Triangle Area Swim Team | 12/1/2006        | 2006 NC AP TYR Capital Classic |

## Girls 15-16 200 Breaststroke Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>  | <i>Age</i> | <i>LSC / Club</i>               | <i>Meet Date</i> | <i>Meet</i>                |
|-------------|-------------|---------------------|--------------|------------|---------------------------------|------------------|----------------------------|
| 1           | 2:13.22     | 934                 | Henry, Sarah | 15         | NC Raleigh Swimming Association | 3/20/2007        | 2007 FL NCSA Junior Champs |

## NC Swimming Girls Unofficial Top 5 (5/4/2007)

**LSC: NC For Dates 9/1/2006 - 8/31/2007**

|   |         |     |                       |    |    |                              |            |                           |
|---|---------|-----|-----------------------|----|----|------------------------------|------------|---------------------------|
| 2 | 2:21.11 | 781 | Smith, Kirsten        | 16 | NC | Marlins of Raleigh           | 11/10/2006 | 2006 NC MOR Tri Meet      |
| 3 | 2:21.73 | 802 | McClernan, Keary      | 15 | NC | Raleigh Swimming Association | 3/8/2007   | 2007 GA Speedo Sectionals |
| 4 | 2:23.31 | 748 | Cage, Mallory         | 16 | NC | Mecklenburg Aquatic Club     | 3/8/2007   | 2007 GA Speedo Sectionals |
| 5 | 2:23.48 | 745 | Hammerberg, Alexandra | 16 | NC | Marlins of Raleigh           | 3/8/2007   | 2007 GA Speedo Sectionals |

### Girls 15-16 100 Butterfly Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>    | <i>Age</i> | <i>LSC / Club</i>               | <i>Meet Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|----------------|------------|---------------------------------|------------------|--------------------------------|
| 1           | 56.06       | 826                 | Leiker, Amber  | 15         | NC Mecklenburg Aquatic Club     | 3/8/2007         | 2007 GA Speedo Sectionals      |
| 2           | 56.40       | 796                 | McAfee, Keri   | 16         | NC Mecklenburg Aquatic Club     | 3/8/2007         | 2007 GA Speedo Sectionals      |
| 3           | 56.43       | 795                 | Prim, Julianna | 16         | NC Winston-Salem YMCA Swim Team | 4/2/2007         | 2007 FG YMCA Nationals         |
| 4           | 56.44       | 811                 | Henry, Sarah   | 15         | NC Unattached                   | 2/3/2007         | 2007 NC 4A East Regionals      |
| 5           | 56.55       | 790                 | Smart, Lauren  | 16         | NC Team Charlotte Swimming      | 12/1/2006        | 2006 NC NSS 13-14/Senior Winte |

### Girls 15-16 200 Butterfly Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>    | <i>Age</i> | <i>LSC / Club</i>               | <i>Meet Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|----------------|------------|---------------------------------|------------------|--------------------------------|
| 1           | 2:03.75     | 810                 | Smith, Kirsten | 16         | NC Marlins of Raleigh           | 12/1/2006        | 2006 NC NSS 13-14/Senior Winte |
| 2           | 2:03.90     | 808                 | Prim, Julianna | 16         | NC Winston-Salem YMCA Swim Team | 4/2/2007         | 2007 FG YMCA Nationals         |
| 3           | 2:04.53     | 804                 | Lee, Hannah    | 15         | NC Marlins of Raleigh           | 3/23/2007        | 2007 NC WAVE Tarheel States In |
| 4           | 2:04.87     | 798                 | Leiker, Amber  | 15         | NC Mecklenburg Aquatic Club     | 3/8/2007         | 2007 GA Speedo Sectionals      |
| 5           | 2:05.01     | 789                 | McAfee, Keri   | 16         | NC Mecklenburg Aquatic Club     | 12/1/2006        | 2006 NC NSS 13-14/Senior Winte |

### Girls 15-16 200 Individual Medley Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>     | <i>Age</i> | <i>LSC / Club</i>                      | <i>Meet Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|-----------------|------------|--|------------------|--------------------------------|
| 1           | 2:01.88     | 880                 | Henry, Sarah    | 15         | NC Raleigh Swimming Association        | 2/15/2007        | 2007 NC NCS Senior Champs      |
| 2           | 2:05.92     | 784                 | Smith, Kirsten  | 16         | NC Marlins of Raleigh                  | 10/13/2006       | 2006 NC TYR/RSA Senior Kick-Of |
| 3           | 2:07.72     | 748                 | Long, Teresa    | 16         | NC YMCA of the Triangle Area Swim Team | 12/1/2006        | 2006 NC AP TYR Capital Classic |
| 4           | 2:07.75     | 748                 | Stewart, Erika  | 16         | NC Tar Heel Aquatic Team               | 3/8/2007         | 2007 GA Speedo Sectionals      |
| 5           | 2:07.85     | 746                 | Smith, Caroline | 16         | NC Winston-Salem YMCA Swim Team        | 12/1/2006        | 2006 NC NSS 13-14/Senior Winte |

# NC Swimming Girls Unofficial Top 5 (5/4/2007)

LSC: NC For Dates 9/1/2006 - 8/31/2007

## Girls 15-16 400 Individual Medley Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>     | <i>Age</i> | <i>LSC / Club</i>               | <i>Meet Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|-----------------|------------|---------------------------------|------------------|--------------------------------|
| 1           | 4:14.69     | 911                 | Henry, Sarah    | 15         | NC Raleigh Swimming Association | 3/20/2007        | 2007 FL NCSA Junior Champs     |
| 2           | 4:25.08     | 796                 | Smith, Kirsten  | 16         | NC Marlins of Raleigh           | 10/13/2006       | 2006 NC TYR/RSA Senior Kick-Of |
| 3           | 4:28.82     | 782                 | Smith, Carly    | 15         | NC North Carolina Aquatic Club  | 3/8/2007         | 2007 GA Speedo Sectionals      |
| 4           | 4:29.44     | 776                 | Caron, Hannah   | 15         | NC Tar Heel Aquatic Team        | 1/5/2007         | 2007 NC THAT Senior Circuit    |
| 5           | 4:29.63     | 756                 | Smith, Caroline | 16         | NC Winston-Salem YMCA Swim Team | 4/2/2007         | 2007 FG YMCA Nationals         |

## Girls 17-18 50 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>      | <i>Age</i> | <i>LSC / Club</i>                      | <i>Meet Date</i> | <i>Meet</i>                |
|-------------|-------------|---------------------|------------------|------------|--|------------------|----------------------------|
| 1           | 23.79       | 787                 | Gomes, Kaleigh   | 18         | NC Mecklenburg Aquatic Club            | 3/8/2007         | 2007 GA Speedo Sectionals  |
| 2           | 23.85       | 781                 | Drechsel, Steffi | 18         | NC YMCA of the Triangle Area Swim Team | 3/8/2007         | 2007 GA Speedo Sectionals  |
| 3           | 23.86       | 780                 | Myers, Mandy     | 17         | NC YMCA of the Triangle Area Swim Team | 4/2/2007         | 2007 FG YMCA Nationals     |
| 4           | 23.93       | 773                 | Cross, Blair     | 17         | NC Raleigh Swimming Association        | 3/20/2007        | 2007 FL NCSA Junior Champs |
| 5           | 24.14       | 753                 | Dayton, Caroline | 18         | NC Unattached                          | 12/1/2006        | 2006 NJ Big AI             |

## Girls 17-18 100 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>      | <i>Age</i> | <i>LSC / Club</i>                      | <i>Meet Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|------------------|------------|--|------------------|--------------------------------|
| 1           | 51.56       | 781                 | Smith, Kirsten   | 17         | NC Unattached                          | 2/9/2007         | 2007 NC 4A State Swim          |
| 2           | 51.67       | 776                 | Gomes, Kaleigh   | 18         | NC Mecklenburg Aquatic Club            | 3/8/2007         | 2007 GA Speedo Sectionals      |
| 3           | 52.13       | 752                 | Myers, Mandy     | 17         | NC YMCA of the Triangle Area Swim Team | 4/2/2007         | 2007 FG YMCA Nationals         |
| 4           | 52.16       | 751                 | Smart, Lauren    | 17         | NC Team Charlotte Swimming             | 4/12/2007        | 2007 NC SunKissed Invitational |
| 5           | 52.28       | 745                 | Drechsel, Steffi | 18         | NC YMCA of the Triangle Area Swim Team | 2/15/2007        | 2007 NC NCS Senior Champs      |

## Girls 17-18 200 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>  | <i>Age</i> | <i>LSC / Club</i> | <i>Meet Date</i> | <i>Meet</i>              |
|-------------|-------------|---------------------|--------------|------------|-------------------|------------------|--------------------------|
| 1           | 1:49.68     | 830                 | Smith, Julie | 17         | NC Unattached     | 2/3/2007         | 2007 NC 1A/2A State Swim |

## NC Swimming Girls Unofficial Top 5 (5/4/2007)

**LSC: NC For Dates 9/1/2006 - 8/31/2007**

|   |         |     |                   |    |    |                                     |            |                                |
|---|---------|-----|-------------------|----|----|-------------------------------------|------------|--------------------------------|
| 2 | 1:50.25 | 815 | Smith, Kirsten    | 17 | NC | Marlins of Raleigh                  | 2/15/2007  | 2007 NC NCS Senior Champs      |
| 3 | 1:50.98 | 796 | Myers, Mandy      | 17 | NC | YMCA of the Triangle Area Swim Team | 4/2/2007   | 2007 FG YMCA Nationals         |
| 4 | 1:51.01 | 785 | Howard, Ashley    | 18 | NC | Unattached                          | 11/16/2006 | 2006 NC Janis H Dowd Nike Cup  |
| 5 | 1:51.63 | 779 | Nilsson, Michaela | 17 | NC | Team Charlotte Swimming             | 4/12/2007  | 2007 NC SunKissed Invitational |

### Girls 17-18 500 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>    | <i>Age</i> | <i>LSC / Club</i> |                    | <i>Meet Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|----------------|------------|-------------------|--------------------|------------------|--------------------------------|
| 1           | 4:53.09     | 815                 | Smith, Kirsten | 17         | NC                | Unattached         | 2/9/2007         | 2007 NC 4A State Swim          |
| 2           | 4:55.26     | 793                 | Grigg, Ellen   | 17         | NC                | New South Swimming | 3/8/2007         | 2007 GA Speedo Sectionals      |
| 3           | 4:55.57     | 779                 | Howard, Ashley | 18         | NC                | Unattached         | 11/16/2006       | 2006 NC Janis H Dowd Nike Cup  |
| 4           | 5:03.76     | 709                 | Pittman, Avery | 17         | NC                | Marlins of Raleigh | 3/23/2007        | 2007 NC WAVE Tarheel States In |
| 5           | 5:04.74     | 688                 | Hesler, Rachel | 18         | NC                | Unattached         | 11/16/2006       | 2006 NC Janis H Dowd Nike Cup  |

### Girls 17-18 1000 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>       | <i>Age</i> | <i>LSC / Club</i> |                              | <i>Meet Date</i> | <i>Meet</i>                   |
|-------------|-------------|---------------------|-------------------|------------|-------------------|------------------------------|------------------|-------------------------------|
| 1           | 10:09.85    | 800                 | Smith, Kirsten    | 17         | NC                | Marlins of Raleigh           | 3/8/2007         | 2007 GA Speedo Sectionals     |
| 2           | 10:09.97    | 800                 | Grigg, Ellen      | 17         | NC                | New South Swimming           | 3/8/2007         | 2007 GA Speedo Sectionals     |
| 3           | 10:33.01    | 697                 | Mullen, Rachael   | 17         | NC                | Mecklenburg Aquatic Club     | 3/8/2007         | 2007 GA Speedo Sectionals     |
| 4           | 10:33.99    | 693                 | Stringfield, Anna | 17         | NC                | Smokey Mountain Aquatic Club | 1/12/2007        | 2007 SE Pilot January Classic |
| 5           | 10:34.00    | 693                 | Pittman, Avery    | 17         | NC                | Marlins of Raleigh           | 2/15/2007        | 2007 NC NCS Senior Champs     |

### Girls 17-18 1650 Freestyle Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>       | <i>Age</i> | <i>LSC / Club</i> |                              | <i>Meet Date</i> | <i>Meet</i>               |
|-------------|-------------|---------------------|-------------------|------------|-------------------|------------------------------|------------------|---------------------------|
| 1           | 16:57.25    | 818                 | Smith, Kirsten    | 17         | NC                | Marlins of Raleigh           | 2/15/2007        | 2007 NC NCS Senior Champs |
| 2           | 17:12.02    | 779                 | Grigg, Ellen      | 17         | NC                | New South Swimming           | 3/8/2007         | 2007 GA Speedo Sectionals |
| 3           | 17:32.97    | 724                 | Mullen, Rachael   | 17         | NC                | Mecklenburg Aquatic Club     | 2/15/2007        | 2007 NC NCS Senior Champs |
| 4           | 17:40.05    | 706                 | Stringfield, Anna | 17         | NC                | Smokey Mountain Aquatic Club | 2/15/2007        | 2007 NC NCS Senior Champs |
| 5           | 17:46.28    | 691                 | Pittman, Avery    | 17         | NC                | Marlins of Raleigh           | 3/8/2007         | 2007 GA Speedo Sectionals |

# NC Swimming Girls Unofficial Top 5 (5/4/2007)

LSC: NC For Dates 9/1/2006 - 8/31/2007

## Girls 17-18 100 Backstroke Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>       | <i>Age</i> | <i>LSC / Club</i>                      | <i>Meet Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|-------------------|------------|--|------------------|--------------------------------|
| 1           | 55.48       | 872                 | Smart, Lauren     | 17         | NC Team Charlotte Swimming             | 4/12/2007        | 2007 NC SunKissed Invitational |
| 2           | 56.18       | 841                 | Smith, Kirsten    | 17         | NC Marlins of Raleigh                  | 3/11/2007        | 2007 GA Speedo Sectionals      |
| 3           | 56.74       | 816                 | Cooper, Candace   | 17         | NC YMCA of the Triangle Area Swim Team | 3/8/2007         | 2007 GA Speedo Sectionals      |
| 4           | 56.89       | 810                 | Drechsel, Steffi  | 18         | NC YMCA of the Triangle Area Swim Team | 2/18/2007        | 2007 NC NCS Senior Champs      |
| 5           | 57.77       | 771                 | Nilsson, Michaela | 17         | NC Team Charlotte Swimming             | 4/12/2007        | 2007 NC SunKissed Invitational |

## Girls 17-18 200 Backstroke Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>      | <i>Age</i> | <i>LSC / Club</i>                      | <i>Meet Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|------------------|------------|--|------------------|--------------------------------|
| 1           | 2:00.28     | 858                 | Smart, Lauren    | 17         | NC Team Charlotte Swimming             | 4/12/2007        | 2007 NC SunKissed Invitational |
| 2           | 2:01.06     | 841                 | Howard, Ashley   | 18         | NC Unattached                          | 11/16/2006       | 2006 NC Janis H Dowd Nike Cup  |
| 3           | 2:01.08     | 842                 | Smith, Kirsten   | 17         | NC Marlins of Raleigh                  | 3/8/2007         | 2007 GA Speedo Sectionals      |
| 4           | 2:02.13     | 823                 | Myers, Mandy     | 17         | NC YMCA of the Triangle Area Swim Team | 4/2/2007         | 2007 FG YMCA Nationals         |
| 5           | 2:02.47     | 814                 | Drechsel, Steffi | 18         | NC YMCA of the Triangle Area Swim Team | 4/2/2007         | 2007 FG YMCA Nationals         |

## Girls 17-18 100 Breaststroke Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>       | <i>Age</i> | <i>LSC / Club</i>               | <i>Meet Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|-------------------|------------|---------------------------------|------------------|--------------------------------|
| 1           | 1:01.30     | 908                 | Roberts, Melanie  | 17         | NC Raleigh Swimming Association | 3/20/2007        | 2007 FL NCSA Junior Champs     |
| 2           | 1:04.79     | 785                 | Curran, Bryttany  | 18         | NC Unattached                   | 11/17/2006       | 2006 MN MINN Invite            |
| 3           | 1:06.08     | 741                 | Smith, Kirsten    | 17         | NC Marlins of Raleigh           | 1/13/2007        | 2007 NC LarsonAllen MAC Invite |
| 4           | 1:06.16     | 738                 | Facchine, Hannah  | 17         | NC Raleigh Swimming Association | 2/15/2007        | 2007 NC NCS Senior Champs      |
| 5           | 1:06.82     | 716                 | Stadnik, Stepheni | 17         | NC Greensboro Swimming Assoc    | 12/8/2006        | 2007 VA Super Senior Shootout  |

## Girls 17-18 200 Breaststroke Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>      | <i>Age</i> | <i>LSC / Club</i>               | <i>Meet Date</i> | <i>Meet</i>                |
|-------------|-------------|---------------------|------------------|------------|---------------------------------|------------------|----------------------------|
| 1           | 2:13.26     | 889                 | Roberts, Melanie | 17         | NC Raleigh Swimming Association | 3/20/2007        | 2007 FL NCSA Junior Champs |

## NC Swimming Girls Unofficial Top 5 (5/4/2007)

**LSC: NC For Dates 9/1/2006 - 8/31/2007**

|   |         |     |                   |    |    |                              |            |                                |
|---|---------|-----|-------------------|----|----|------------------------------|------------|--------------------------------|
| 2 | 2:17.87 | 817 | Smith, Kirsten    | 17 | NC | Marlins of Raleigh           | 3/8/2007   | 2007 GA Speedo Sectionals      |
| 3 | 2:23.05 | 738 | Curran, Bryttany  | 18 | NC | Unattached                   | 11/17/2006 | 2006 MN MINN Invite            |
| 4 | 2:24.43 | 717 | Nilsson, Michaela | 17 | NC | Team Charlotte Swimming      | 4/12/2007  | 2007 NC SunKissed Invitational |
| 5 | 2:25.29 | 704 | Facchine, Hannah  | 17 | NC | Raleigh Swimming Association | 1/27/2007  | 2007 NC RSA January Jubilee    |

### Girls 17-18 100 Butterfly Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>      | <i>Age</i> | <i>LSC / Club</i> |                                     | <i>Meet Date</i> | <i>Meet</i>                       |
|-------------|-------------|---------------------|------------------|------------|-------------------|-------------------------------------|------------------|-----------------------------------|
| 1           | 54.40       | 862                 | Smart, Lauren    | 17         | NC                | Team Charlotte Swimming             | 4/12/2007        | 2007 NC SunKissed Invitational    |
| 2           | 55.24       | 828                 | Roberts, Melanie | 17         | NC                | Raleigh Swimming Association        | 3/20/2007        | 2007 FL NCSA Junior Champs        |
| 3           | 56.24       | 788                 | Dason, Patrice   | 18         | NC                | Unattached                          | 11/16/2006       | 2006 PV Terrapin Cup Invitational |
| 4           | 56.73       | 768                 | Drechsel, Steffi | 18         | NC                | YMCA of the Triangle Area Swim Team | 12/1/2006        | 2006 NC AP TYR Capital Classic    |
| 5           | 57.05       | 756                 | Cross, Blair     | 17         | NC                | Raleigh Swimming Association        | 3/20/2007        | 2007 FL NCSA Junior Champs        |

### Girls 17-18 200 Butterfly Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>      | <i>Age</i> | <i>LSC / Club</i> |                              | <i>Meet Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|------------------|------------|-------------------|------------------------------|------------------|--------------------------------|
| 1           | 2:01.20     | 849                 | Roberts, Melanie | 17         | NC                | Raleigh Swimming Association | 2/15/2007        | 2007 NC NCS Senior Champs      |
| 2           | 2:04.62     | 790                 | Smith, Kirsten   | 17         | NC                | Marlins of Raleigh           | 2/15/2007        | 2007 NC NCS Senior Champs      |
| 3           | 2:08.56     | 724                 | Pittman, Avery   | 17         | NC                | Marlins of Raleigh           | 3/8/2007         | 2007 GA Speedo Sectionals      |
| 4           | 2:08.98     | 717                 | Phillips, Haley  | 18         | NC                | Greensboro Swimming Assoc    | 2/15/2007        | 2007 NC NCS Senior Champs      |
| 5           | 2:10.42     | 693                 | Dyer, Alden      | 17         | NC                | North Carolina Aquatic Club  | 3/23/2007        | 2007 NC WAVE Tarheel States In |

### Girls 17-18 200 Individual Medley Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power Points</i> | <i>Name</i>       | <i>Age</i> | <i>LSC / Club</i> |                              | <i>Meet Date</i> | <i>Meet</i>                    |
|-------------|-------------|---------------------|-------------------|------------|-------------------|------------------------------|------------------|--------------------------------|
| 1           | 2:00.08     | 902                 | Smith, Kirsten    | 17         | NC                | Marlins of Raleigh           | 3/8/2007         | 2007 GA Speedo Sectionals      |
| 2           | 2:00.31     | 897                 | Roberts, Melanie  | 17         | NC                | Raleigh Swimming Association | 3/20/2007        | 2007 FL NCSA Junior Champs     |
| 3           | 2:04.95     | 801                 | Smart, Lauren     | 17         | NC                | Team Charlotte Swimming      | 4/12/2007        | 2007 NC SunKissed Invitational |
| 4           | 2:06.27     | 774                 | Smith, Julie      | 17         | NC                | Raleigh Swimming Association | 3/20/2007        | 2007 FL NCSA Junior Champs     |
| 5           | 2:07.60     | 748                 | Nilsson, Michaela | 17         | NC                | Team Charlotte Swimming      | 4/12/2007        | 2007 NC SunKissed Invitational |

# NC Swimming Girls Unofficial Top 5 (5/4/2007)

LSC: NC For Dates 9/1/2006 - 8/31/2007

## Girls 17-18 400 Individual Medley Short Course Yards

| <i>Rank</i> | <i>Time</i> | <i>Power<br/>Points</i> | <i>Name</i>       | <i>Age</i> | <i>LSC / Club</i>               | <i>Meet Date</i> | <i>Meet</i>                       |
|-------------|-------------|-------------------------|-------------------|------------|---------------------------------|------------------|-----------------------------------|
| 1           | 4:16.58     | 875                     | Smith, Kirsten    | 17         | NC Marlins of Raleigh           | 3/8/2007         | 2007 GA Speedo Sectionals         |
| 2           | 4:17.12     | 870                     | Roberts, Melanie  | 17         | NC Raleigh Swimming Association | 3/20/2007        | 2007 FL NCSA Junior Champs        |
| 3           | 4:34.28     | 715                     | Hesler, Rachel    | 18         | NC Unattached                   | 11/16/2006       | 2006 NC Janis H Dowd Nike Cup     |
| 4           | 4:35.34     | 705                     | Stringfield, Anna | 17         | NC Smokey Mountain Aquatic Club | 2/15/2007        | 2007 NC NCS Senior Champs         |
| 5           | 4:36.28     | 697                     | Shelley, Taryn    | 18         | NC Unattached                   | 11/16/2006       | 2006 PV Terrapin Cup Invitational |