

**WOW v GSC Dual Meet**  
**November 6-8, 2009**  
**Greenville, NC**

**SANCTION:**

Held under the Sanction of USA Swimming, Inc., issued by North Carolina Swimming, Inc., Sanction #NC09128

**MEET HOST:**

Greenville Swim Club

**FACILITY:**

Minges Natatorium, East Carolina University

For Directions:

The pool is the Big Brick Building Before you get to the football stadium

<http://ecupirates.cstv.com/directions/ecu-directions.html>

(252)341-1044

**COMPETITION POOL:**

The pool is an 8-lane, 25-yard course with non-turbulent lane markers, deck anchored starting blocks. A Colorado 5 Timing System will be used with watches in each of 8-lanes for competition. A digital scoreboard will also be in use. The pool depth ranges from 5 to 6 feet with lanes that are 7 feet wide. There is bleacher seating for 300 spectators.

**Schedule:**

**SATURDAY**

Warm-up 7:45 – 8:45 AM

Timed Finals 9:00 AM

**SUNDAY**

Warm-ups 7:45-8:45 AM

Timed Finals 9:00 AM

**Format:**

All events will be conducted on a timed final basis. Greenville Swim Club will be in ODD lanes and Waves of Wilmington will be in EVEN lanes.

The 500 free will be deck-seeded and will require positive check in by the end of the warm-up session. The 500 free will be limited to the top 8 12 & Unders by gender and top 8 13 & overs by gender from each team.

**Eligibility:**

All swimmers must be registered with USA Swimming and be members of either Greenville Swim Club or Waves of Wilmington

**Classification:**

This is a closed dual meet between Greenville Swim Club and Waves of Wilmington. Each team may select the criteria for selection for their respective team.

**Entry Limits:**

Swimmers are limited to four individual events and two relay events per session. During Saturday evening's session a swimmer may only swim two(2) 25 yard events. A team may enter up to four relays in an event but only two may score.

**Rules:**

This meet will be conducted in accordance with the current USA Swimming Rules and Regulations and the NCS Official Handbook and NCS Safety Program, except where Rules therein are optional and exceptions are stated.

All coaches and officials on deck must be registered and certified with USA Swimming. Meet Management will require all coaches and officials to show proof of certification / registration. Coaches and officials shall prominently display their registration cards while on deck.

**Warm-up:**

In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshall will ensure all teams, coaches, and swimmers follow all warm-up procedures.

During the competition, there will be lanes available for continuous warm-up/warm-down. There is to be no diving or horseplay in this area.

## **Entry Forms:**

Entries shall be generated by HY-TEK Team Manager AND emailed. A Word generated hard copy should be attached with the email of the entry file. Please list each swimmer's age as of November 21, 2009.

All entries, manual or computer generated, must include the following forms:

1. Official Hy-Tek Summary Sheet
2. Payment of Fees

## **Fees:**

\$2.00 for individual events.

\$8.00 for relays.

\$5.00 Facility Surcharge/athlete including relay only swimmers

**Please make check payable to the Greenville Swim Club.**

Please send to:  
Greenville Swim Club  
103 Prince Charles Court  
Winterville, NC 28590

Email Entries to: [aquacasey1@yahoo.com](mailto:aquacasey1@yahoo.com)

## **Scoring:**

Individual events: 11-9-8-7-6-5-4-3-2-1 points. Relays: 22-18-16-14-12 points.

## **Officials:**

GSC welcomes and encourages the assistance of certified officials from visiting teams. To volunteer, please contact the Meet Referee by email or once you arrive at the meet. There will be an officials meeting 60 minutes prior to each session in the Hospitality room.

## **Coaches Meeting:**

There will be a coaches meeting 15 minutes prior to the start of each session in Hospitality.

**Registration/Certification:**

All coaches and officials on deck must be registered and certified with USA Swimming. Meet Management will require all coaches and officials to show proof of certification/registration. Coaches and officials shall prominently display their registration cards while on deck.

**Meet Management:**

Meet Director: Casey Charles- [aquacasey1@yahoo.com](mailto:aquacasey1@yahoo.com)

Meet Referee: Suzanne Heath

Meet Marshall: Scott Pake – [gsccoachscott@gmail.com](mailto:gsccoachscott@gmail.com)

**Hospitality & Concessions:**

There will be a hospitality room open to only coaches and officials

**Release:**

USA Swimming, North Carolina Swimming Inc., East Carolina University and the Greenville Swim Club and all employees and representatives of these organizations shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

**Facility:**

The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated.

**Attachments:**

Order of Events.

**Information:**

For more information, contact Casey Charles at 252-341-1044 or email at [aquacasey1@yahoo.com](mailto:aquacasey1@yahoo.com)

Friday

Women		Men
1	10& Under 50 Free	2
3	11-12 50 Free	4
5	13-14 50 Free	6
7	Open 50 Free	8
9	10& Under 100 IM	10
11	11-12 100 IM	12
13	13-14 200 IM	14
15	Open 200 IM	16
17	12 & Under 200 Breaststroke	18
19	13 & Over 500 Free	20
21	12 & Under 500 Free	22
23	Open 100 Medley Relay	24

Saturday AM

Women		Men
25	10& Under 100 Breaststroke	26
27	11-12 100 Breaststroke	2
29	13-14 200 Breaststroke	30
31	Open 200 Breaststroke	32
33	10& Under 100 Free	34
35	11-12 100 Free	36
37	13-14 100 Free	38
39	Open 100 Free	40
41	10 & Under 100 Backstroke	42
43	11-12 100 Backstroke	44
45	13-14 200 Backstroke	46
47	Open 200 Backstroke	48
49	10 & Under 50 Butterfly	50
51	11-12 50 Butterfly	52
53	13-14 100 Butterfly	54
55	Open 100 Butterfly	56
57	10 & Under 200 IM	58
59	11-12 200 IM	60
61	13-14 400 IM	62
63	Open 400 IM	64

Saturday PM

Women		Men
65	10& Under 25 Butterfly	66
67	11-12 25 Butterfly	68
69	13-14 25 Butterfly	70
71	Open 25 Butterfly	72
73	10& Under 25 Freestyle	74
75	11-12 25 Freestyle	76
77	13-14 25 Freestyle	78
79	Open 25 Freestyle	80
81	12 & Under 200 Breaststroke	82
83	10 & Under 100 Free Relay	84
85	11-12 200 Free Relay	86
87	13-14 200 Free Relay	88
89	Open 200 Free Relay	90
91	10 & Under 25 Backstroke	92
93	11-12 25 Backstroke	94
95	13-14 25 Backstroke	96
97	Open 25 Backstroke	98
99	10 & Under 25 Breaststroke	100
101	11-12 25 Breaststroke	102
103	13-14 25 Breaststroke	104
105	Open 25 Breaststroke	106
107	10 & Under 100 Medley Relay	108
109	11-12 200 Medley Relay	110
111	13-14 200 Medley Relay	112
113	Open 200 Medley Relay	114

Sunday AM

Women		Men
115	10& Under 100 Butterfly	116
117	11-12 100 Butterfly	118
119	13-14 200 Butterfly	120
121	Open 200 Butterfly	122
123	10& Under 50 Backstroke	124
125	11-12 50 Backstroke	126
127	13-14 100 Backstroke	128
129	Open 100 Backstroke	130
131	10 & Under 50 Breaststroke	132
133	11-12 50 Breaststroke	134
135	13-14 100 Breaststroke	136
137	Open 100 Breaststroke	138
139	10 & Under 200 Free	140
141	11-12 200 Free	142
143	13-14 200 Free	144
145	Open 200 Free	146
147	10 & Under 200 Free Relay	148
149	11-12 400 Free Relay	150
151	13-14 400 Free Relay	152
153	Open 400 Free Relay	154