

STINGRAY AQUATICS BB/B/C INVITATIONAL OCTOBER 10, 2009

- HOST:** Stingray Aquatics and Wingate University
- CLASSIFICATION:** This is a BB/B/C standards meet only. Swimmers WILL NOT swim any event they have an "A" time in or better.
- LOCATION:** Charles A. Cannon Complex
230 N Camden Rd
Wingate, NC 28174
- SANCTION:** Held under the sanction of USA Swimming, Inc., Issued by North Carolina Swimming, Sanction#NC09113
- DATES:** Saturday, October 10
Warm Up – 8:00am, PM TBD
Timed Finals – 9:00am, PM TBD
- RULES:** **Unless otherwise noted herein, this meet shall be conducted with the current USA Swimming code and NCS rules and the information therein. The start time may be adjusted Based on the number of entries. All coaches and officials on deck must be registered and certified with USA Swimming. Meet Management will require all coaches and officials to show proof of certification / registration. Coaches and officials shall prominently display their registration cards while on deck. The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated.**
- FACILITIES:** The pool is six (7ft wide) 25yd lanes with non-turbulent lane lines, a diving end of 13ft to shallow end of 4ft, a Colorado electronic timing system, plus JR Smith racing platforms.
- ELIGIBILITY:** All Swimmers and teams currently registered members of USA Swimming, Inc. Age is to be determined by the first day of the meet October 10, 2009
- ENTRIES:** Faxed entries will not be accepted. Entries may be submitted by e-mail. However, you must also mail a printed hard copy of entries including the completed summary sheet, a Highlighted alphabetical listing of all swimmers with USA numbers from the LSC, and your payment in full to have your entries considered complete. Include last name, first full name and age of the swimmer on first day of

the meet. Times must be listed to 1/100th. Entries must be submitted using short course yards times or no times.

ENTRY LIMITS: Individual: All athletes are limited to 5 events for the meet. Entry cap of 200 athletes for the meet.

ENTRY FEES: Individual Event: \$2.00
NCS Surcharge: \$2.00
Facility Surcharge: \$5.00

Clubs should submit a single check payable to *Stingray Aquatics* for the full amount due. All fees must be paid prior to any swimmer entering the pool.

**ENTRY
DEADLINE:**

All entries MUST be received no later than 5:00pm Wednesday September 30th, 2009. Full payment and all required paper work must accompany your entry to be accepted. Questions, up to the deadline can be addressed to Coach Jay McGarity (803) 370-8700. Visiting teams are responsible for the delivery of their entries on time. ***Entries will be accepted in the order they are received. Entries will be accepted until the meet reaches capacity (200). Should the meet reach capacity teams will be notified of any rejected entries by October 2nd.***

Meet Director: Jay McGarity
Stingray Aquatics
P.O. Box 2277
Mathews, NC 28106
jay@stingrayaquatics.com

AWARDS: Ribbons will be awarded to the top-8 finishers by age groups.

COACHES: Coaches must check in at Clerk of Course and provide current coaching credentials to be allowed on deck. A coaches meeting will be at 7:45am under the scoreboard prior to the start of the warm-up session.

OFFICIALS: Officials briefings will be held in hospitality 45 min prior to each session

RELEASE: USA Swimming, North Carolina Swimming, Stingray Aquatics, and Wingate University, and any volunteers and sponsor organizations shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this meet.

**WARM-UP/
SAFETY:**

The North Carolina LSC Procedures will be in effect. A copy of the NCS LSC Warm-up Procedures will be available in the coach's packet and posted around the pool. Coaches are advised to closely supervise their swimmers at all times. Diving is permitted only during specific warm-up times, as announced. Running and horseplay are both prohibited. Glass containers and bottles are prohibited inside the pool area. The use of pull buoys, kick boards, paddles, bands, and other equipment is prohibited.

HOSPITALITY WILL BE PROVIDED FOR COACHES AND OFFICIALS.

CONTACT: **Meet Referee:** Lee Martin adaptedaquatics@aol.com

Meet Director / Head Coach: Jay McGarity (803) 370-8700
jay@stingrayaquatics.com

Age Group Head Coach: Wil Trotter 704-779-9105

Stingray Aquatics
P.O. Box 2277
Mathews, NC 28106

OCTOBER 10, 2009
ORDER OF EVENTS
Warm-up: 8:00am
Timed Finals: 9:00am

Girls		Boys
1	10 & UN 200Y Free	2
3	12 & UN 200Y Free	4
5	8 & UN 25Y Breast	6
7	10 & UN 50Y Breast	8
9	12 & UN 50Y Breast	10
11	10 & UN 100Y Fly	12
13	12 & UN 100Y Fly	14
15	8 & UN 25Y Free	16
17	10 & UN 50Y Free	18
19	12 & UN 50Y Free	20
21	10 & UN 100Y Back	22
23	12 & UN 100Y Back	24

BREAK

25	10 & UN 100Y Free	26
27	12 & UN 100Y Free	28
29	8 & UN 25Y Back	30
31	10 & UN 50Y Back	32
33	12 & UN 50Y Back	34
35	10 & UN 100Y Breast	36
37	12 & UN 100Y Breast	38
39	8 & UN 25Y Fly	40
41	10 & UN 50Y Fly	42
44	12 & UN 50Y Fly	45
46	10 & UN 100Y IM	47
48	12 & UN 100Y IM	49