

Chapel Hill YMCA Fall Invitational

OCTOBER 23-25, 2009

Approval: Held under the Approval of USA Swimming, Inc., issued by North Carolina Swimming, Inc. NC09108AP

Location: Triangle SportsPlex, Hillsboro, NC

Facility: The Triangle Sportsplex has an 11-lane, 25 yard pool with non-turbulent lane lines. Competition will run in 10 lanes. Pool depth is 6 feet at the starting end and lanes are 7 feet wide. Colorado Timing System will be used with 10 lane scoreboard display and custom starting blocks. Spectator seating is available.

Schedule:

<i>Friday Afternoon Session</i>	<i>All Age Groups</i>
Warm-up:	4:00 P.M.
Meet:	5:00 P.M.

<i>Morning Sessions</i>	<i>11 & Older Swimmers</i>
Warm-up:	7:00 A.M.
Meet:	8:20 A.M.

<i>Afternoon Sessions</i>	<i>10 & Under Swimmers</i>
Warm-up:	Not Before 12:30 P.M.
Meet:	Not Before 1:15 P.M.

Eligibility: This meet is open to all swimmers listed on the roster of a YMCA team, who have an annual membership at their YMCA. No qualifying times are required.

Procedure: Entries will be accepted in the Hy-Tek Format. A printed copy must be sent to the host team.
In using the Hy-Tek format, coaches should note the following adjustments: Please remove the USA-Swimming ID from any NON USA SWIMMING registered participant.
Show swimmer's age as of October 23, 2009.
Email entries to: jkelly@chcymca.org

Entry

Limits: All swimmers may swim 4 individual events and 1 relay per day.
Each team may enter an unlimited number of relay teams (A, B, C, etc)

Entry**Deadline:** **9:00 PM, Tuesday, October 13, 2009**

No late entries will be accepted. No telephone entries will be accepted.

Entry**Process:**

This meet will be limited to the first 450 properly registered swimmers, not including the host team. More swimmers may be accepted provided we maintain session timelines. Proper registration includes the submission of all the following documentation:

- 1.) Completed entries – submitted on disk (file) or entry forms (via e-mail or US mail).
- 2.) Completed Entry Summary Form
- 3.) Copies of all coaches certifications (CPR, First Aid, Lifeguarding/Coaches Safety Training) or current USA Swimming Coaches Registration card or Current USY Coaches Card (Copies may be brought to the meet).

Entry Fees must be paid in full, prior to the start of the meet**Mail****Entries:**

Mail Entries Summary Form, Coaches' Certifications and Entry Fees to:
Chapel Hill YMCA Fall Invitational

Attn: Jim Kelly
980 Martin Luther King, Jr. Blvd.
Chapel Hill, NC 27514
(919) 442-9622

E-mail**Entries:**

jkelly@chcymca.org

Entry Fees:

\$2.50 per individual event
\$10.00 per relay event
\$8.00 facility surcharge
\$2.00 swimmer surcharge

Make checks payable to: **Chapel Hill-Carrboro YMCA**

ENTRY FEES ARE NON-REFUNDABLE

Meet**Referee:**

Ron Young

Meet**Director:**

Lori Riegler

Awards:

Ribbons will be awarded for all swimmers placing:

Individual Events: 1st-10th

Relay Events 1st-10th

Open events will be divided into 13-14 and 15 & over age groups.

- Seeding:** All events will be preseeded. All 8 & under swimmers will report to the Clerk of Course. All swimmers ages 9 & older will report directly to the starting blocks for their events. Deck entries will be accepted if space is available. No new heats will be added.
- Rules:** The meet will be conducted in accordance with 2009 USA Swimming Rules.
- Safety:** The North Carolina Swimming Safety Program is in effect for this meet. Coaches and parents are advised to closely supervise their swimmers at all times.
- Release:** USA Swimming, Inc., North Carolina Swimming, Inc., Chapel Hill YMCA Swim Club and the Triangle SportsPlex shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.
- Miscellaneous:** Each team is asked to provide volunteer timers and officials. To ensure an enjoyable experience for everyone, we will need the help of parent volunteers from all teams. Visiting coaches are asked to encourage their teams' parents to volunteer as timers. Thanks for your help with this endeavor.

Coaches and Officials will be provided lunch.

A concession stand will be open.

No outside food or drink is permitted in the Triangle SportsPlex. Parents/Swimmers will not be permitted to bring coolers in to the building.
The SportsPlex has a strict policy of no bare feet in the lobby.

Meeting of Officials and Timers will be held prior to the start of each session.

Friday Evening Session

Girls	Event	Boys
1	10 & Under 200 IM	2
3	11-12 200 IM	4
5	Open 200 IM	6
7	10 & Under 200 Free	8
9	11-12 500 Free	10
11	Open 1650 Free	12

Saturday Morning Session

	Event	
13	Open 200 Free	14
15	11-12 200 Free	16
17	Open 100 Back	18
19	11-12 50 Back	20
21	Open 50 Free	22
23	11-12 50 Free	24
25	Open 200 Breast	26
27	11-12 100 Breast	28
29	Open 100 Fly	30
31	11-12 50 Fly	32
33	Open 400 IM	34
35	11-12 200 Medley Relay	36
37	Open 400 Medley Relay	38

Saturday Afternoon Session

	Event	
39	9-10 100 Free	40
41	8 & Under 100 Free	42
43	9-10 50 Back	44
45	8 & Under 25 Back	46
47	9-10 50 Free	48
49	8 & Under 25 Free	50
51	9-10 100 Breast	52
53	8 & Under 50 Breast	54
55	9-10 50 Fly	56
57	8 & Under 25 Fly	58
59	9-10 200 Medley Relay	60
61	8 & Under 100 Medley Relay	62

Sunday Morning Session

Event

63	11-12 100 Free	64
65	Open 100 Free	66
67	11-12 100 Fly	68
69	Open 200 Fly	70
71	11-12 50 Breast	72
73	Open 100 Breast	74
75	11-12 100 Back	76
77	Open 200 Back	78
79	11-12 100 IM	80
81	Open 500 Free	82
83	11-12 200 Free Relay	84
85	Open 200 Free Relay	86

Sunday Afternoon Session

Event

87	9-10 100 IM	88
89	8 & Under 100 IM	90
91	9-10 100 Back	92
93	8 & Under 50 Back	94
95	9-10 50 Breast	96
97	8 & Under 25 Breast	98
99	9-10 100 Fly	100
101	8 & Under 50 Fly	102
103	9-10 200 Free Relay	104
105	8 & Under 100 Free Relay	106