



### **MOR SENIOR CLASSIC**

**Facility:** Pullen Aquatic Center  
410 Ashe Avenue- Pullen Park  
Raleigh, NC, 27606  
919-831-6197

**Parking:** Parking will be available in marked spaces only. Please park in spaces only- not on grass or lawn. The main lot is reserved for coaches, officials and MOR workers- please notify parents.

**Facility:** The pool at Pullen Aquatic Center is a 50m Pool. The competition will take place in an 8 lane, 25 Yard course which is 14 feet deep at the start end and tapers to 7 feet at the bulkhead turn wall, lanes are 9 feet wide. A Colorado 500 timing System will be used along with watches in each of the 8 lanes for competition. An 8-lane digital scoreboard is on site for our use as well.

Warm up and Warm down: There are 9 additional lanes for continuous warm up and warm down.

Spectator seating for approximately 400 people is available. Boys and Girls locker rooms are available.

**Dates:** October 30-November 1, 2009

<b>Times:</b>	<b>Fri.-Combined Session</b>	<b>W-up-3:00pm</b>	<b>Meet-4:30pm</b>
	<b>Sat. Circuit Session</b>	<b>W-up-7:30am</b>	<b>Meet-9:00am</b>
	<b>Sun. Circuit Session</b>	<b>W-up-7:00am</b>	<b>Meet- 8:30am</b>
	<b>Sat. Dev. Session</b>	<b>W-up 12:30pm</b>	<b>Meet-1:30pm</b>
	<b>Sun. Dev. Session</b>	<b>W-up 12:00noon</b>	<b>Meet-1:00pm</b>

**Sanction:** Held under the Sanction of USA Swimming, Inc., issued by North Carolina Swimming, Inc. Sanction #NC09107

**Sponsor:** **Marlins Of Raleigh Swim Team**

**Rules:** The meet will be conducted in accordance with the current USA Swimming Code and the NCS Official Handbook and NCS Safety program, except where rules therein are optional and are herein stated.

**Rules:** All events 400 yards or longer will be deck seeded. Positive check-in for those events will be required 30 minutes after the START of warm-ups for that session. The NC Scratch Rule will be in effect for all events 400 or longer.

The 1650 yard free with the first two fastest heats of women (slow to fast), then the first two fastest heats of men (slow to fast), then alternating fast to slow women and men. Each swimmer in these heats must provide his/ her counter and timer.

Meet Management reserves the right to combine events as needed and reserves the right to limit the number of heats in any event 400 or longer as well as overall entries in order to maintain reasonable timelines. The 1650 limited to 4 heats.

All swimmers entering relays must be listed on the entry sheets. Relay cards with the names and order of the relay team are to be delivered to the clerk of course before the second event has begun for each session.

**Check-in:** Positive check-in is required for all events 400 or longer at Clerk of course. Check-in must be complete 30 minutes after the start of warm-ups in any given session for that session. If a swimmer fails to check in for his/her event, meet management will make every effort to locate the team's coach to verify. If a coach is not located and the swimmer not checked in, they will be scratched from the event.

**Eligibility:** Senior Circuit- Swimmers with two or more "AA" times in two Different strokes.  
Senior Developmental- 13-over swimmers with no more than one "AA" time.

**Entry Limit:** All swimmers are limited to 3 events Friday, 7 on and Saturday and Sunday combined with no more than 4 per day.

**Entries:** Submit entries on Team Manager by emailing them to Meet Directors.. List the swimmers age as of October 30, 2009. Per NCS rules, a roster of swimmers entered in the meet will be sent to NC Swimming for verification of USA Swimming registration. [A Hard copy of entries in a word file is to be sent with HyTek entries](#)

All swimmers in the meet must be NCS or USA registered, including payment, by AT LEAST THREE DAYS PRIOR TO THE FIRST DAY OF THE MEET. Teams that need other arrangements should email Meet Mgmt.

All relay only swimmers including alternates must be listed on the Meet entry forms and pay the NCS Travel fund surcharge and facility surcharge.

Late entries may be accepted at the discretion of the meet director, but will not be seeded and will be charged double fees.

**Entry Deadline:** **October 20, 2009** Entries will not be accepted without payment of entry fees. Entries may be limited at the discretion of the meet director in order to manage the timeline. **When sending your entries by email, please send a financial summary. If you are requesting an individual late entry, DO NOT send a new file.. Please submit in word form by email to Pam Rocque at [bayrtvrs@nc.rr.com](mailto:bayrtvrs@nc.rr.com) Include, Name, sex, id number, event # and event.**

Teams planning on attending the meet are requested to email [bayrtvrs@nc.rr.com](mailto:bayrtvrs@nc.rr.com) and [coachcara45@aol.com](mailto:coachcara45@aol.com), indicating their approximate numbers of swimmers for each session by October 10, 2009.

**Mail entries to:** **Meet Director, 4900 Waters Edge Dr., Suite 200, Raleigh, NC 27606, 919-851-3000, Email: [bayrtvrs@nc.rr.com](mailto:bayrtvrs@nc.rr.com)**

**Entry Fees:** Ind. Events-\$2.50  
Relay Events-\$8.00  
NC Travel Surcharge-\$2/swimmer,  
Facility Surcharge \$10 per swimmer  
(Relay only swimmers must pay Travel & Facility Surcharge)

**Awards:** Circuit Trophies to Top 3 Teams  
Developmental : Individual Ribbons 1<sup>st</sup>-8<sup>th</sup> , Relay 1<sup>st</sup>-3<sup>rd</sup>

**Scoring:** 12, 9, 6, 5, 4,3,2,1

**Warm-up:** Warm-up lane assignments will be determined after entries are received.  
Lane assignments will be posted around the pool.

**Time Schedule:** The meet director reserves the right to change warm-up and start times based on the time line. Any changes to the meet schedule will be posted at [www.marlinsofraleigh.com](http://www.marlinsofraleigh.com) by Oct. 26, 2009. Teams that have included their email address with their entries will also be updated by email as soon as possible.

**Safety:** The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. No running or horseplay will be tolerated.

**USA Swimming Membership:** Coaches must present a current USA Swimming membership card to Meet Management to receive their entry package and must display their membership card at all times that they are on deck.

**Coaches Meeting:** To be held in the hospitality room at 4:20pm, Friday, October 20, 2009. One member from your coaching staff is asked to attend. Any other information will come from the Meet Referee at his discretion and will be announced.

**Meet Director:** [bayrtvrs@nc.rr.com](mailto:bayrtvrs@nc.rr.com) Pam Rocque  
[Coachcara45@aol.com](mailto:Coachcara45@aol.com) Cara Cameron (please copy on all emails)

**Host Coach:** Paul Silver [morsilver@bellsouth.net](mailto:morsilver@bellsouth.net)

**Meet Referee:** **Lee Martin**

**Marshal:** Ted Pierson

**Officials Meeting:** There will be an officials meeting:  
**Friday PM:** hospitality room at 3:45pm  
**Saturday/ Sunday AM:** hospitality room 8:00am  
**Saturday/ Sunday PM:** hospitality room 12:30pm

**Changes in meet warm up times will affect meeting times.** Please note that each officials meeting will be 30 minutes after the start of warm ups in the hospitality room.

**Hospitality:** Drinks, snacks, breakfast, lunch will be provided to the coaches, officials, and meet workers.

**Volunteers:** MOR welcomes volunteer officials. Please contact

**Release Statement:** USA Swimming, Inc. NC Swimming, Inc., Marlins Of Raleigh, Inc., The City of Raleigh and Pullen Aquatic Center and all employees and representatives of these organizations shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

**Hotel Information:** Please contact Alison Donnelly at Helms Briscoe to get the BEST rates for the hotels in this area. Alison is working on those rates now  
**[ADonnelly@HelmsBriscoe.com](mailto:ADonnelly@HelmsBriscoe.com)**

**Order of events:**

**Friday October 30, 2009**

**Senior Circuit**

- 1-2 400 Y IM \* Must have a 13-14 "A" time to swim this event
- 3-4 50 Y Free
- 5-6 1650 Y Free\* Limited to four heats

**Saturday October 31, 2009**

**Senior Circuit Session- Saturday AM**

- 7-8 200 Y Free
- 9-10 100 Y Back
- 11-12 200 Y Breast
- 13-14 100 Y Fly
- 15-16 200 Y IM
- 17-18 200 Y Free Relay

**Saturday, October 31, 2009**

**Senior Development – Saturday PM**

- 19-20 200 Y Free
- 21-22 100 Y Back
- 23-24 200 Y Breast
- 25-26 100 Y Fly
- 27-28 200 Y IM
- 29-30 200 Y Free Relay
- 31-32 500 Y Free

**Sunday, November 1, 2009**

**Senior Circuit Session- Saturday AM**

- 33-34 100 Y Free
- 35-36 200 Y Back
- 37-38 100 Y Breast
- 39-40 200 Y Fly
- 41-42 500 Y Free
- 43-44 200 Y Medley Relay

**Sunday, November 1, 2009**

**Senior Development – Sunday PM**

- 45-46 100 Y Free
- 47-48 200 Y Back
- 49-50 100 Y Breast
- 51-52 200 Y Fly
- 53-54 200 Y Medley Relay
- 55-56 400 IM



# ENTRY CHECKLIST

Coaches:

**Please use this checklist to make sure you send in everything that is required for a complete entry. All pages that follow this checklist need to be completed and returned.**

1. **Check payable to MOR for fees** \_\_\_\_\_
2. **Fee Summary Form, COACH INFO** \_\_\_\_\_
3. **Hard Copy of Entries/ Word document** \_\_\_\_\_
4. **Valid email address for any changes to the meet.** \_\_\_\_\_
5. **Entry file of events- emailed to host.** \_\_\_\_\_

