

Fayetteville YMCA Sea Dragons Open Meet
September 12th and 13th, 2009
Fayetteville YMCA Pool
2717 Fort Bragg Rd.
Fayetteville, NC 28303

Sanction: Held under the sanction of USA Swimming Inc., issued by North Carolina Swimming, Inc. Sanction # NC09087 Rev 1.

Sponsor: Fayetteville YMCA

Facility: The Fayetteville YMCA facility is a 5 six foot wide lane 25 yard pool with depth of 9 feet at the starting end. The pool has non-turbulent lane lines, and custom starting blocks. Colorado electric timing with backup stopwatches will be used. The meet will be conducted in accordance with current USA Swimming rules and Regulations, the NCS official handbook and the NCS safety program, except where rules therein are optional and exceptions must be stated

Date: September 12th and 13th 2009

Warm up: Saturday Warm up will be general warm up with no lane assignments from 12:00 to 12:45. From 12:45 to 1:10 there will be 3 lanes for one way starts and 2 lanes for general warm up. Sunday warm up will be general warm up with no lane assignments from 7:15 to 8:00. From 8:00 to 8:25 there will be 3 lanes for one way starts and 2 lanes for general warm up.

Officials meeting: 12:45 in the hospitality room

Coaches meeting: Saturday at 11:45 in the hospitality room.

Classification: This meet is an open meet for all age group and senior swimmers registered with USA swimming.

Eligibility: All swimmers must be USA Swimming registered with SEA or other invited team.

Entry Limit: All swimmers are limited to a maximum of Four (4) events and two (1) relay per day. No swimmer will be entered in more than five (10) total events.

Entry Deadline: Monday, September 7th at midnight. Entries should be in Hy-Tek Team manager format and emailed to coach7259@yahoo.com. Late Entries will be accepted at the discretion of the meet director. All late entries are subject to double entry fees.

Entry Fees: \$2.50 per individual event
\$8.00 per relay
\$5.00 Facility charge

\$2.00 NCS travel fund

Awards: 1st – 3rd place medals 4th and 5th place ribbons. Awards for high point for both male and female in the following age groups: 8 and under, 9 – 10, 11 – 12, 13 – 14, 15 and over.

Scoring: This meet will scored to 5 places 7, 4, 3, 2, 1 to determine the high point award winner for each age group. 13 – 14 age group will be scored separately from the 13 and over / open events.

Hospitality: Hospitality will be available to Coaches, official and meet volunteers.

Meet Director: Jonathan Meier coach7259@yahoo.com 910-221-4820

Meet Referee: Helga Fasciano 4fas@nc.rr.com

Meet Marshall: Audra Williams: audraw.ymcanc@gmail.com

Rules/Other: Meet management reserves the right to combine events as needed.

Parking: Parking is allowed in designated areas only. Vehicles illegally parked in the parking lots or street areas are liable to be ticketed or towed at the owner's expense.

Release Statement: USA Swimming Inc. North Carolina Swimming Inc., Fayetteville YMCA Sea Dragons, The Fayetteville YWCA and all employees and representatives of these organizations shall be held free and harmless from any and all liabilities on claims for damages arising by reason of injuries to anyone during the conduct of this meet. Signature on the entry summary and subsequent entry into this meet constitutes understanding and acceptance of the above release.

Safety: The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. NO running or horseplay will be tolerated.

All coaches and officials on deck must be registered and certified with USA Swimming. Meet Management will require all coaches and officials to show proof of certification registration. Coaches and officials shall prominently display their registration cards while on deck.”

**Fayetteville YMCA Sea Dragons Dual Meet
Saturday, September 12, 2009**

Warm-ups 12:00 /Meet starts at 1:15 pm

ORDER OF EVENTS

GIRLS	EVENTS	BOYS
1	Open 400 IM	2
3	8 & under 50 free	4
5	10 & Under 100 free	6

7	11-12 100 free	8
9	Open 200 free	10
11	8& under 25 breast	12
13	10 & Under 50 breast	14
15	11-12 50 breast	16
17	13 and over 100 breast	18
19	8& under 50 fly	20
21	10 and Under 100 fly	22
23	11-12 100 fly	24
25	Open 200 fly	26
27	8&under 25 back	28
29	10 & Under 50 back	30
31	11-12 50 back	32
33	13 and over 100 back	34
35	10&under 200 IM	36
37	11-12 200 IM	38
39	13 and over 100 IM	40
41	10 & under Mixed 200 Medley relay	41
42	12 & under Mixed 200 Medley relay	42
43	14 & under Mixed 200 Medley relay	43
44	Open Mixed 200 Medley relay	44
	10 Minute Break	
45	Open 500 free	46

**Fayetteville YMCA Sea Dragons Dual Meet
Sunday, September 13, 2009**

Warm-ups 7:15 /Meet starts at 8:30 am

ORDER OF EVENTS

GIRLS	EVENTS	BOYS
47	13 and Over 100 Free	48
49	8 & under 25 free	50
51	10 & Under 50 free	52
53	11-12 50 free	54
55	13 and over 50 free	56
57	8& under 50 breast	58
59	10 & Under 100 breast	60
61	11-12 100 breast	62
63	Open 200 breast	64
65	8& under 25 fly	66
67	10 and Under 50 fly	68
69	11-12 50 fly	70
71	13 and over 100 fly	72
73	8&under 50 back	74
75	10 & Under 100 back	76
77	11-12 100 back	78
79	Open 200 back	80
81	10&under 100 IM	82
83	11-12 100 IM	84
85	13 and over 200 IM	86
87	10 & under Mixed 200 Medley relay	87
88	12 & under Mixed 200 Medley relay	88
89	14 & under Mixed 200 Medley relay	89
90	Open Mixed 200 Medley relay	90
	10 Minute Break	
91	Open 1000 free	92

Entry Fee Worksheet

	# of Swimmers X \$7.00 each (Includes \$2.00 for travel fund)	# of Individual entries X \$2.50 each	# of Relay Entries X \$8.00 each	Total
10 and Under Girls				
10 and Under Boys				
11 – 12 Girls				
11 – 12 Boys				
13 – 14 Girls				
13 – 14 Boys				
15 and Over Girls				
15 and Over Boys				
Totals				

Head Coach Signature _____

Number of Additional Coaches _____

Official Club Name _____

Club Code _____

Please send this form with payment to
 Fayetteville YMCA Sea Dragons
 2717 Fort Bragg Rd.
 Fayetteville, NC 28303

Please make check payable to YMCA Sea Dragons