

ASHEVILLE SWIM CLUB
SPRING SPLASH
March 14-15, 2009
ASHEVILLE SCHOOL POOL
Asheville, North Carolina

Held under sanction of USA Swimming, Inc., issued by North Carolina Swimming, Inc.
SANCTION # NC09047

SITE INFORMATION: ASHEVILLE SCHOOL, 360 Asheville School Rd., 28806

Asheville School competition pool, 25 yard, 6 lanes with non-turbulent lane lines. **Water depth ranges from 4 feet at the shallow end to 12 feet at the deep end.** Starting blocks will conform to all USA Swimming height regulations. Warm-ups will be available prior to sessions. Warm-down facilities will not be available.
Timing System: Dak-Tronic Electronic Timing System
Girl's and Boy's locker rooms available

RULES:

The meet will be conducted in accordance with current USA Swimming and NCS Official Handbook and NCS Safety Program, except where rules therein are optional and exceptions are herein stated.

CLASSIFICATION: Age Group/Seniors.

ELIGIBILITY:

This meet is open to all USA Swimming registered swimmers attached or in the process of becoming attached to Nomad Aquatics, Greensboro Swimming Association, Smoky Mountain Aquatic Club and Asheville Swim Club.

ENTRIES:

Hy-tek will be received by Kathy Young by e-mail: wakyoung@charter.net. A check payable to Asheville Swim Club must accompany entries. Send check to:
Kathy Young
7 Dunnwoody Court
Arden, NC 28704

ENTRY LIMIT:

Each swimmer may enter up to five (5) individual events and one relay per day.

ENTRY DEADLINE:

Entries must be received by 11:59PM, Tuesday, **March 3, 2009**. Late entries may be accepted at the discretion of the Meet Director and may not be seeded. There will be no on deck registration at this meet. Telephone entries will not be accepted.

ENTRY FEES:

Entry fee for the meet will be \$2 per individual event, \$8 per relay, \$2 NCS travel fee per swimmer and \$4 facility fee per swimmer. Entry fees are not refundable.

ORDER OF EVENTS:

All events will be timed finals. Individual events 400 yards and longer will be deck seeded with positive check in required 15 minutes before the conclusion of warm up. These events may be limited to the fastest three heats of girls and fastest three heats of boys. If the swimmer fails to check in they will not be seeded.

AWARDS:

Ribbons will be given for 1st-6th place for all 12 and under individual events, and 1st -3rd for relays.

SCORING:

No team or individual scores will be kept.

WARM-UPS:

Saturday warm-ups at 10 AM. Events begin at 11 AM. Sunday warm-ups at 8:00 AM. Events begin at 9:00 AM. General and specific warm-up periods will be announced and supervised by the Meet Marshall. The warm-up period is one hour for each session. This period will be divided such that each team will have at least twenty-five minutes for warm-up, in lanes assigned by team.

SAFETY:

The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. No running or horseplay will be tolerated. No glass containers or bottles are allowed in the pool area. Coaches on deck must be registered & certified with USA Swimming. Coaches must present a current USA Swimming membership card to the Meet Director and must display their membership at all times that they are on deck.

COACHES' MEETING: There will be a coaches' meeting at 9:45 am, on deck, Saturday March 14, 2009 and at other times as announced by the Meet Referee.

OFFICIAL'S MEETING: There will be an official's meeting Saturday at 10:30 am in the lobby area above the pool, and 30 minutes prior to the start of the other session.

OFFICIALS: Visiting officials are encouraged and welcome. All officials must wear current USA membership card while on deck and must present current Officials Certification card to Meet Referee at check-in. Please contact Joe Schmidt at joe-schmidt@charter.net with level of certification and sessions you desire to work. The NCS dress code of white shirts and navy blue bottoms will be worn for all sessions.

TIMERS: Timers from participating teams are encouraged, appreciated and necessary.

MEET DIRECTOR:

Kathy Young, USA Swimming registered
Telephone (828) 654-9320
Email: wakyoung@charter.net

MEET REFEREE:

JOE SCHMIDT, USA Swimming registered
Asheville, NC
Email: joe-schmidt@charter.net

MEET MARSHALL:

Bill Young

HOSPITALITY:

The hospitality area will be open to all coaches and officials.

CONCESSIONS:

Concessions will be available

RELEASE STATEMENT:

USA Swimming, Inc., North Carolina Swimming, Inc., and Asheville Swim Club shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.

OTHER: Additional parking is available at the Tennis Courts.

Please contact the following websites for more information on lodging, restaurants and activities:

Asheville Area Chamber of Commerce: www.ashevillechamber.org (828) 258-6101

Asheville Convention & Visitors Bureau: www.exploreasheville.com (828) 258-6101

Asheville Downtown Association: www.ashevilledowntown.org (828) 251-9973

2009 SPRING SPLASH ORDER OF EVENTS

Female events are odd numbers.

Male events are even numbers.

Session: 1 Saturday

Warm-up: 10 AM Starts at 11 AM

Event #		
1-2	11-12	200 Free Relay
3-4	9-10	200 Free Relay
5-6	8&U	100 Free Relay
7-8	13&Over	200 Free Relay
9-10	11-12	50 Free
11-12	9-10	50 Free
13-14	8&U	50 Free
15-16	13&Over	100 Free
17-18	11-12	100 Breast
19-20	9-10	100 Breast
21-22	8&U	25 Breast
23-24	13&Over	100 Breast
25-26	11-12	50 Back
27-28	9-10	50 Back
29-30	8&U	50 Back
31-32	13&Over	200 Back
33-34	11-12	50 Fly
35-36	9-10	50 Fly
37-38	8&U	25 Fly
39-40	13&Over	200 Fly
41-42	11-12	200 Free
43-44	9-10	200 Free
45-46	8&U	100 IM
47-48	13&Over	400 IM
49-50	11-12	100 IM
51-52	9-10	100 IM
53-54	Open	500 Free

All individual events 400 Yards and longer will be deck seeded with positive check in required 15 minutes before the conclusion of warm up. The deck seeded events will be swum fastest to slowest, in the order shown above.

Session 2: Sunday
Warm-up 8 AM Start 9 AM

Event #

55-56	13&Over	200 Medley Relay
57-58	11-12	200 Medley Relay
59-60	9-10	200 Medley Relay
61-62	8&U	100 Medley Relay
63-64	13&Over	50 Free
65-66	11-12	100 Free
67-68	9-10	100 Free
69-70	8&U	25 Free
71-72	13&Over	200 Free
73-74	11-12	50 Breast
75-76	9-10	50 Breast
77-78	8&U	50 Breast
79-80	13&Over	200 Breast
81-82	11-12	100 Back
83-84	9-10	100 back
85-86	8&U	25 Back
87-88	13&Over	100 Back
89-90	11-12	100 Fly
91-92	9-10	100 Fly
93-94	8&U	50 Fly
95-96	13&Over	100 Fly
97-98	11-12	200 IM
99-100	9-10	200 IM
101-102	8&U	100 Free
103-104	13&Over	200 IM
105-106	Open	1000 Free