



# 2005 NORTH CAROLINA SWIMMING 14 & UNDER AGE GROUP SHORT COURSE CHAMPIONSHIPS FEBRUARY 24- FEBRUARY 27, 2005

(Revised 1/24/05)

**SANCTION:** Held under the Sanction of United States Swimming, Inc., issued by North Carolina Swimming, Inc.: NC05003-NC

**HOSTS:** Mecklenburg Aquatic Club  
Mecklenburg County Park and Recreation

**FACILITY:** Mecklenburg County Aquatic Center (Downtown Charlotte)  
800 East 2<sup>nd</sup> Street  
Charlotte, N.C. 28204  
(704)336-3483

MCAC is a 49,000 square foot facility featuring three 25-yard pools. The primary competition course consists of eight, nine-foot wide lanes with a constant pool depth of seven feet. The secondary competition course provides eight, nine-foot wide lanes with a pool depth ranging from seven to twelve feet. This course, if not used for competition, and the separate four lane teaching pool can be used for continuous warm-up and warm-down. The facility also features a Colorado 5000 system and alpha-numeric scoreboard. There is ample bleacher and deck seating for 1000 competitors and spectators. **No folding chairs are allowed are permitted in the facility.**

<b>SCHEDULE:</b>	<u>Warm-up Schedule</u>	<u>Age Group</u>	<u>Competition</u>	<u>Time</u>
	Thursday	11-12, 13-14	Timed Finals	6:00pm
	Friday, Saturday & Sunday	13-14	Preliminaries	8:30am
	Friday, Saturday & Sunday	*10 & Under	Timed Finals	1:00pm
	" " "	11-12	Prelims	1:00pm
	Friday, Saturday & Sunday	11-12, 13-14	Finals	TBA
	<u>Warm-up Schedule</u>	<u>Age Group</u>	<u>Competition</u>	<u>Time</u>
	Thursday**	11-12, 13-14	Timed Finals	5:00pm
	Friday, Saturday & Sunday	13-14	Prelims	7:00am
		11-12, 13-14	Finals	5:00pm
	Friday, Saturday & Sunday	*10 & Under	Timed Finals	12:00Noon
		11-12	Prelims	12:00Noon

\*10 & Under events will be timed finals throughout the competition.

**RULES:** This meet will be conducted in accordance with the current USA Swimming Code and the NCS Official Handbook and NCS Safety Program, except where the rules therein are optional and exceptions are herein stated. **At the discretion of meet management, the prelim competition or portion thereof may be conducted in two courses.**

**FORMAT:** Prelims with A & B Finals Heats ( top eight swim A Final and the next eight swim B Final) for 11-12 and 13-14 age groups. Only the A final will be scored. The B Final will be swum prior to the A Final. **All 10 & Under events are timed finals.** The course swum will be 25 yards.

**ELIGIBILITY:** This meet is open to USA Swimming registered swimmers from North Carolina who have achieved the 2005 NCS 14 & Under Age Group Championship Time Standard in

each event entered.

**PROOF OF TIME:**

Failure to obtain the qualifying time per event will result in the swimmer being listed on the proof-of-time list submitted after the meet to each club by the NCS Age Group Chairman. Swimmer's who achieve qualifying standards in long course should enter at the short course qualifying standard when entering the event (s).The inability to prove a non-qualifying swim within 60 days of the receipt of the official list will result in a \$25.00 fine payable to NCS. Only times achieved after September 1<sup>st</sup>, 2003 (short or long course) are acceptable for providing proof. A copy of the official meet result constitutes a proof-of-time or a copy of the result from the SWIMS database.

Anyone qualified to swim the 1650 Free is automatically qualified to swim the 1000 Free and vice versa. 1000 and 1650 Free entry times must be verified on the 1650/1000 Entry Time Verification Form. Please indicate where the time was achieved and the date of the Meet. A 1000-yard split time may be used. In the event that one event is used to prove eligibility for the other event, it is recommended that coaches use either the 1000 split from the 1650 for the 1000 or enter the swimmer at the cut (whichever is faster).

**SEEDING:**

400 IM & 500 Free

The 400 IM & 500 Free will be swum as a prelim/final event with the fastest 4 heats of women, swum slowest to fastest, followed by the fastest 4 heats of men, swum slowest to fastest; then alternating women and men, fastest to slowest. In the event that the preliminaries of these events are conducted in two courses, the same procedure will be followed except it will not be necessary to alternate women and men's heats. Also, if these events are conducted in two courses, meet management will ensure a 15 minute break for participants, both men and women, in the previous event and the start of the 400IM and/or 500 Free.

1000 Free

The 1000 Free will be swum as a timed final event with the fastest 3 heats of women, swum slowest to fastest, followed by the fastest 3 heats of men, swum slowest to fastest; then alternating women and men's heats, fastest to slowest.

1650 Free

The 1650 Free will be swum as a timed final event with the fastest heat of women and the fastest heat of men swum shown in the order of the event. All other heats will be swum at the conclusion of the preliminaries (following relays and following a 10 minute break).

These heats will be swum fastest to slowest, alternating women's and men's heats.

Relays

All relay events will be swum as timed final events with the fastest 2 heats of women, swum slowest to fastest, followed by the the fastest two heats of men swum slowest to fastest; then alternating women and men's heats, fastest to slowest.

The 200 relay events will be swum in the preliminary sessions and the 400 relay events will be swum last in the PM finals session. There will be a 10 minute break following the AM relays and a 10 minute break before the PM relays.

**CHECK-IN:**

All events 400 yards and longer will be deck seeded. A positive check-in by the deadline indicated below is required to be seeded into the event. Swimmers who fail to check-in will be able to swim only if open lanes are available.

Individual Events

13-14 1000 Free:  
11-12 500 Free:  
13-14 400 IM

Check-In Deadline

Thursday Feb. 24 5:15pm  
Thursday Feb. 24 5:15pm  
Friday Feb. 25 9:00am

13-14	500 Free	Saturday	Feb. 26	9:00am
13-14	1650 Free	Sunday	Feb. 27	9:00am

Relay Events

13-14 200 Medley Relay	Friday	Feb. 25	By end of finals.
11-12 200 Medley Relay	Friday	Feb. 25	By end of finals.
10 & Under 200 Medley Relay	Friday	Feb. 25	By end of finals.
13-14 200 Free Relay	Saturday	Feb. 26	By end of finals.
11-12 200 Free Relay	Saturday	Feb. 26	By end of finals.
10 & Under 200 Free Relay	Saturday	Feb. 26	By end of finals.
13-14 400 Medley Relay	Friday	Feb. 25	6:00pm
11-12 400 Medley	Friday	Feb. 25	6:00pm
13-14 400 Free Relay	Saturday	Feb. 26	6:00pm
11-12 400 Free Relay	Saturday	Feb. 26	6:00pm

**SCRATCH  
RULE**

The NCS Scratch Rule will be in effect. Scratches must be given to the Administrative Referee who will maintain the meet scratch book. Exact location will be announced at the coaches meeting. Posted preliminary results are for information only. **Swimmers should check for scratches and listen for announcements. Coaches are asked to have alternates ready to swim.**

**RELAYS:**

Relay entries are determined by the number of swimmers from each team who are entered in individual events:

- 1-4 individual event swimmers: Maximum one relay.
- 5-8 individual event swimmers: Maximum of two relays.
- 9-12 individual event swimmers: Maximum of three relay teams.

Only swimmers entered on the entry summary form may participate in relays. All relay Swimmers, including alternates, must be listed on the Meet Entry Form and must pay the \$2.00 NCS surcharge in addition to the \$5.00 facility fee.

**ENTRY  
LIMIT:**

Individual

11-12 & 13-14 swimmers are limited to nine individual events for the meet, and no more than three individual events per day (including time trials). 10 & Under swimmers may swim up to four individual events per day, not to exceed nine individual events for the meet.

Relay

Each club may enter up to four relay teams in the relay events. Only two relay teams may score.

**FEES:**

Individual events (11-12, 13-14)	\$2.25 per event
(10 & Unders)	\$2.00 per event
Relays:	\$8.00 per relay
Facility Fee:	\$5.00 per swimmer
NCS Travel Fund:	\$2.00 per swimmer

Fees are non-refundable. Please make checks payable to the Mecklenburg Aquatic Club.

**ENTRY:  
FORMS**

Preferred method of submitting entries is on Hytek or compatible disk. **If you do not have the Team Manager program to make a Hy-Tek entry, but would like to make an electronic entry, we can provide to you a copy of Team Manager II Lite at no charge.** Contact us by email or by phone. Allow at least one week for your CD to be shipped to you. Make your request to: entry@justswimmac.org

Please send printed copies of entries for verification. Entries must include each swimmer's USA Swimming number, first and last name, age, seeding time to the 100<sup>th</sup> of a second and event number for each event entered. The enclosed summary sheet as well as fees must be included with entry disk.

Please see [www.justswimmac.org/05meets/agchamps](http://www.justswimmac.org/05meets/agchamps) for order of events in Hytek Format. Hard copies on entry forms are also permitted. Entry forms are available by request.

**DEADLINE:** Entries must be received by 7:00PM on Tuesday Feb. 15, 2005. Only entries for swimmers meeting the 2005 NCS 14 & Under State Championship Time Standards will be accepted. ***This entry would include all events from the three qualifiers.***

Please mail to:

AG Champ Entry, Mecklenburg Aquatic Club, 9850 Providence Road, Charlotte, NC 28277-0202, (O) 704-846-5335

or email to:

entry@justswimmac.org

Preferred method of submitting entries is on Hy-Tek or compatible disk. Email entries to be followed by hard copy will also be accepted, provided the fees, disk, and hard copy are received by the deadline. **Please include summary totals in the body of your email; this helps us check for errors.**

**SCORING:** Individual Events: 9, 7, 6, 5, 4, 3, 2, 1  
Relays: 18, 14, 12, 10, 8, 6, 4, 2

**AWARDS:** Individual Events: 1-3 Medals, 4-8 Ribbons;  
Relays: 1 Medals, 2-3 Ribbons

Individual High Point Awards will be presented to male and female swimmers with the highest points total in individual events for each age group.

NCS Champion patches will be awarded to the first place finishers in individual events.

North Carolina Swimming Team Awards: 1-6 Places

## **MEET**

**MANAGEMENT:** Meet Director: Laura Glanton & Anne Santoli  
Meet Referee: Marty Fehr  
Meet Marshall: Larry Hough  
Meet Committee: TBA by North Carolina Swimming

## **COACHES**

**MEETING:** 8:20am Friday and as announced thereafter.

**WARM-UP:** Guidelines will be published in coaches packet. Packets will be available in Clerk of Course upon presentation of current USA Swimming coaching credentials.

**RELEASE:** USA Swimming North Carolina Swimming, Inc., Mecklenburg County Park and Recreation Department, and the Mecklenburg Aquatic Club and all employees and representatives of these organizations shall be held free and harmless from any and all liabilities on claims for damages arising by reason of injuries to anyone during the conduct of this meet.

**HOSPITALITY & CONCESSIONS** There will be a hospitality room open to all coaches, officials, and volunteers. Refreshments will be available at the concession stand.

**ADDITIONAL INFORMATION:** Hotel Information (see justswimmac.org)

Directions )see [justswimmac.org](http://justswimmac.org))

**ATTACHMENTS:**

Entry Summary Sheet  
1000/1650 Verification Form  
NCS Scratch Rule  
Parking Information

Please call Patty Waldron or Larry Hough at (704)846-5335 for more information.







**2005 North Carolina Swimming  
14 & Under State Championships  
February 24-February 27, 2005  
13-14 Sessions**

**Thursday February 24, 2005****Warmups: 5:00PM****Timed Finals: 6:00PM**

Event # Girls	Time Std SC/LC		Event Name	Time Std SC/LC	Event # Boys
1	11:57.49 10:38.99		13-14 1000 Free	11:36.89 10:25.29	2

**Friday February 25, 2005****Warmups: 7:00AM****Prelims: 8:30AM**

Event # Girls	Time Std SC LC		Event Name	Time Std SC LC	Event # Boys
5	2:06.89 2:23.39		13-14 200 Free	2:01.29 2:18.79	6
9	1:17.59 1:28.59		13-14 100 Breast	1:12.29 1:23.59	10
13	1:06.69 1:15.69		13-14 100 Fly	1:04.09 1:12.69	14
17	5:05.39 5:45.39		13-14 400 IM	4:57.49 5:37.99	18

**Saturday February 26, 2005****Warmups: 7:00AM****Prelims: 8:30AM**

Event # Girls	Time Std SC LC		Event Name	Time Std SC LC	Event # Boys
33	NQT		13-14 200 Med. Relay	NQT	34
			10 Minute Break		
39	2:28.59 2:49.39		13-14 200 Fly	2:22.69 2:41.59	40
43	26.99 30.79		13-14 50 Free	25.69 29.49	44
47	2:45.99 3:09.49		13-14 200 Breast	2:36.29 3:02.39	48
51	1:07.59 1:17.89		13-14 100 Back	1:04.99 1:15.99	52
55	5:38.29 5:03.49		13-14 500 Free	5:27.29 4:54.19	56

**Sunday February 27, 2005****Warmups: 7:00AM****Prelims: 8:30AM**

Event # Girls	Time Std SC LC		Event Name	Time Std SC LC	Event # Boys
69	NQT		13-14 200 Fr. Relay	NQT	70
			10 Minute Break		
79	2:24.99 2:44.59		13-14 200 Back	2:19.89 2:42.99	80
83	58.69 1:06.79		13-14 100 Free	56.59 1:04.89	84
87	2:25.19 2:45.19		13-14 200 IM	2:18.89 2:37.89	88
75	20:12.29 20:39.79		13-14 1650 Free	19:30.49 20:14.39	76



**2005 North Carolina Swimming  
14 & Under State Championships  
February 24- February 27, 2005**

**11-12, 10 & Under Sessions**

**Thursday February 24, 2005**      Warmups: 5:00PM      Timed Finals: 6:00PM

Event	Time Std		Event Name	Time Std		Event
# Girls	SC	LC		SC	LC	# Boys
3	6:01.09	5:25.59	11-12 500 Free	6:04.29	5:28.39	4

**Friday February 25, 2005**      Warmups: 12:00Noon      Prelims: 1:00PM

Event	Time Std		Event Name	Time Std		Event
# Girls	SC	LC		SC	LC	# Boys
7	2:14.79	2:32.89	11-12 200 Free	2:16.29	2:34.69	8
25	2:36.39	2:59.89	10 & Under 200 Free	2:31.89	2:52.39	26
11	37.89	43.09	11-12 50 Breast	37.59	43.19	12
27	41.99	48.29	10 & Under 50 Breast	42.49	48.59	28
15	1:12.99	1:22.49	11-12 100 Fly	1:12.49	1:22.89	16
29	1:26.69	1:38.69	10 & Under 100 Fly	1:25.69	1:37.19	30
19	1:11.69	-----	11-12 100 IM	1:12.79	-----	20
31	1:22.79	-----	10 & Under 100 IM	1:21.49	-----	32

**Saturday February 26, 2005**      Warmups: 12:00Noon      Prelims: 1:00PM

Event	Time Std		Event Name	Time Std		Event
# Girls	SC	LC		SC	LC	# Boys
35		NQT	11-12 200 Med. Relay		NQT	36
37		NQT	10 & Under 200 Med. Relay		NQT	38
			10 minute Break			
41	31.99	35.99	11-12 50 Fly	32.39	36.79	42
61	37.29	42.09	10 & Under 50 Fly	36.69	40.99	62
45	28.39	32.39	11-12 50 Free	28.79	32.79	46
63	32.39	36.49	10 & Under 50 Free	31.89	36.29	64
49	1:22.19	1:33.79	11-12 100 Breast	1:21.29	1:33.89	50
65	1:33.39	1:47.49	10 & Under 100 Breast	1:33.09	1:45.99	66
53	1:12.19	1:21.39	11-12 100 Back	1:13.29	1:23.59	54
67	1:22.19	1:35.29	10 & Under 100 Back	1:21.69	1:33.69	68

**Sunday February 27, 2005**      Warmups: 12:00Noon      Prelims: 1:00PM

Event	Time Std		Event Name	Time Std		Event
# Girls	SC	LC		SC	LC	# Boys
71		NQT	11-12 200 Fr. Relay		NQT	72
73		NQT	10 & Under 200 Fr. Relay		NQT	74
			10 Minute Break			
77	33.39	38.19	11-12 50 Back	33.89	38.79	78
89	38.19	43.69	10 & Under 50 Back	38.49	44.29	90
81	1:02.09	1:10.59	11-12 100 Free	1:02.59	1:10.99	82
91	1:12.39	1:21.89	10 & Under 100 Free	1:10.79	1:20.59	92
85	2:31.89	2:51.89	11-12 200 IM	2:34.79	2:55.19	86
93	2:55.99	3:20.59	10 & Under 200 IM	2:55.29	3:18.89	94



**FINALS SESSIONS  
EVENING FINALS  
Friday February 25, 2005**

Girls Event #	Event Name	Boys Event #
5	13-14 200 Free	6
7	11-12 200 Free	8
9	13-14 100 Breast	10
11	11-12 50 Breast	12
13	13-14 100 Fly	14
15	11-12 100 Fly	16
17	13-14 400 IM	18
19	11-12 100 IM	20
	10 Min. Break	
21	13-14 400 Med. Relay	22
23	11-12 400 Med. Relay	24

**FINALS SESSIONS  
EVENING FINALS  
Saturday February 26, 2005**

Girls Event #	Event Name	Boys Event #
39	13-14 200 Fly	40
41	11-12 50 Fly	42
43	13-14 50 Free	44
45	11-12 50 Free	46
47	13-14 200 Breast	48
49	11-12 100 Breast	50
51	13-14 100 Back	52
53	11-12 100 Back	54
55	13-14 500 Free	56
	10 Minute Break	
57	13-14 400 Fr. Relay	58
59	11-12 400 Fr. Relay	60

**FINALS SESSIONS  
EVENING FINALS  
Sunday February 27, 2005**

Girls Event #	Event Name	Boys Event #
75	13-14 1650 Free	76
	10 Minute Break	
77	11-12 50 Back	78
79	13-14 200 Back	80
81	11-12 100 Free	82
83	13-14 100 Free	84
85	11-12 200 IM	86
87	13-14 200 IM	88



## North Carolina Swimming Scratch Rule

204.3. **INDIVIDUAL SCRATCH RULE.** Swimmers shall inform themselves of the meet starting time and shall report to the proper meet authorities promptly upon call. The meet information shall specify all mandatory check-in and scratch deadlines and procedures.

.1 **Pre-Seeded Meets** – Any swimmer not reporting for or competing in an individual timed final event shall not be penalized.

.2 **Events Seeded on Deck** – Any swimmer entered in an individual event that is seeded on the deck, in whole or in part, who has checked in for that event, must swim in the event unless he notifies the clerk of course before the seeding for that event has begun that he wishes to scratch. Failure to scratch prior to seeding and not swimming the event will result in the swimmer being barred from the next individual event in which the swimmer entered in the meet.

.3 **Preliminary & Final Events**

- A. Any swimmer not reporting for or competing in a pre-seeded preliminary heat when finals are scheduled shall not be penalized. If the preliminary heat is seeded on the deck, then 204.3.2 applies.
- B. Any swimmer qualifying for an A final, scored or un-scored, or a scored B final race in an individual event who fails to compete in said A or B final race shall be barred from further competition for the remainder of the meet, except as noted in 204.3.4.
- C. In the event of withdrawal or barring of a swimmer from competition, when possible, the Referee shall fill the A, B, or C final with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These and all other alternates and those qualifying for non-scoring B or C finals shall not be penalized if unavailable to compete.
- D. When the B or C final has not yet been swum and a barring or withdrawal is known in advance by the Referee, the Referee should re-seed the A, B, or C finals, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final. In order to prevent undue delay of the A, B, or C finals, the Referee may elect to fill the empty lane(s), without re-seeding, with the next qualified alternate, or if unavailable, the next qualified swimmer(s) who is/are present in the starting area and ready to swim.
- E. If a C or B final has already been swum, the A final of that event shall be swum without filling the empty lane(s).

.4 **Exception for Failure to Compete** – No penalty shall apply for failure to compete in or scratch an individual event if:

- A. The Referee is notified in the event of illness or injury and accepts proof thereof.
- B. The swimmers qualifying for an A final or B final race based upon the results of the preliminaries notifies the Referee within thirty (30) minutes after announcement of the qualifiers of that final race that they may not intend to compete and also declares his final decision whether or not to scratch within (30) minutes following his last individual preliminary heat, swim-off, or re-swim.

- C. It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

#### 204.4. RELAY SCRATCH RULE

- .1 All Meets – Any relay or relay member, in a relay event that fails to compete in or report for that event shall not be penalized.



## **PARKING INFORMATION FOR THE 14 & UNDER STATE CHAMPS**

Parking for the NCS 14 & Under Championships will be serviced by five different parking lots around the Mecklenburg County Aquatic Center. Following is specific information regarding the location and availability of each lot.

*Aquatic Center Parking Lot* - Located in front of the Aquatic Center, this lot will be available for use by meet participants and spectators for every session of the meet except Thursday evening's Timed Final session. The Aquatic Center will be conducting regular programs on Thursday at the same time as the 1000 & 500 Free and we have agreed to reserve this lot for Aquatic Center program participants. Your cooperation is appreciated.

*Walton Plaza Parking Lot* - Located directly behind and across Stonewall St. from the Aquatic Center, this lot will be available for meet parking after 5:00 PM on Thursday and Friday and all day Saturday and Sunday. Please note that Walton Plaza is not available during the day on Friday and anyone who parks in this lot on Friday will be ticketed.

*Adams Mark Hotel Parking Lot* - Located across McDowell St. on the east side of the pool. You will need to pay a fee but the lot is available for every session of the meet. This lot will be one of the best options on Friday.

*Four Points Sheraton Hotel Parking Lot* - Located across McDowell St. and three blocks from the pool. Here again, you will need to pay a fee, but the lot is available for every session of the meet. This lot will be one of the best options on Friday.

*Education Center Parking Lot* - Located in front of and across 2<sup>nd</sup> Street from the Aquatic Center. This lot will not be available on Thursday and Friday until after 5:00 PM. The Ed Center strictly enforces this time restriction and anyone parking prior to 5:00 PM on Thursday and Friday will be towed. The Ed Center lot will be available on Saturday and Sunday for all sessions of the meet.